

Alternative Reporting Standard: Pink[®] Basic Disclosure Guidelines

Federal securities laws, such as Rules 10b-5 and 15c2-11 of the Securities Exchange Act of 1934 (“Exchange Act”) as well as Rule 144 of the Securities Act of 1933 (“Securities Act”), and state Blue Sky laws, require issuers to provide *current information* to the public markets. With a view to facilitating compliance with these laws, OTC Markets Group has created these Pink Basic Disclosure Guidelines (“Guidelines”).¹ These Guidelines set forth the disclosure obligations that make up the “Alternative Reporting Standard” for Pink companies. These Guidelines have been designed to encompass the “Catch All” information required in Rule 15c2-11,² however they have not been reviewed by the U.S. Securities and Exchange Commission or any state securities regulator. We use information provided by companies under these Guidelines to designate the appropriate tier in the Pink Market: Current Information or Limited Information.³

These Guidelines may be amended from time to time, in the sole and absolute discretion of OTC Markets Group, with or without notice. The information provided by companies under these Guidelines is subject to our [Privacy Policy](#).

Pink Current Information Tier

Companies that make the information described below publicly available on a timely basis (90 days after fiscal year end for Annual Reports; 45 days after each fiscal quarter end for Quarterly Reports) may qualify for the Current Information Tier.

Qualification Process:

1. Subscribe to the OTC Disclosure & News Service by submitting an [OTCIQ Order Form](#) (available on www.otciq.com).
2. Upload the following documents through OTCIQ:
 - **Quarterly Reports** for Current Fiscal Year– must include Disclosure Statement and Financial Reports listed below
 - **Annual Report** for Most Recently Completed Fiscal Year– must include Disclosure Statement and Financial Reports listed below
 - **Annual Report** for Prior Completed Fiscal Year – must include Financial Reports listed below
 - **Disclosure Statements:** Disclosure information pursuant to these Guidelines for the applicable period. (see the fillable form starting on Page 4).
 - **Financial Statements:** Financial reports must be prepared according to U.S. GAAP or International Financial Reporting Standards (IFRS) but are not required to be audited. Required financial statements include:
 - Balance Sheet
 - Statement of Income

¹ This is not legal advice, and OTC Markets Group makes no assurance that compliance with our disclosure requirements will satisfy any legal requirements.

² Publication of information pursuant to these Guidelines does not guarantee or ensure that the Company will be designated as having “current information” or eligible for public quotations pursuant to Rule 15c2-11 or any other applicable regulation.

³ OTC Markets Group may require companies with securities designated as Caveat Emptor to make additional disclosures in order to qualify for the Pink Current Information tier.

- Statement of Cash Flows
 - Statement of Retained Earnings (Statement of Changes in Stockholders' Equity)
 - Notes to Financial Statements
 - Audit Letter, if audited
3. If financial statements are not audited by a PCAOB registered firm, provide the following:
- **Attorney Letter Agreement:** Submit a signed Attorney Letter Agreement according to the [instructions](#) on www.otcmarkets.com.
 - **Attorney Letter:** After following the appropriate procedures with a qualified attorney, upload an “Attorney Letter With Respect to Current Information” in accordance with the [Attorney Letter Guidelines](#) through OTCIQ. Attorney Letters must reference all required reports as set forth in Section 2 above.
4. **Verified Profile:** Verify the Company Profile through OTCIQ. Profile information includes, but is not limited to, a complete list of officers, directors and service providers, outstanding shares, a business description and contact information.
5. Allow OTC Markets Group to process the posted documents (typically three to five business days) and provide any comments.
6. Companies will only be evaluated for Current Information once all required documentation has been submitted. A new Attorney Letter is required upon amendment of any referenced report.
7. To qualify for Current Information on an ongoing basis, companies must:
- Upload reports through OTCIQ on the following schedule:
 - Quarterly Report within **45** days of the quarter end
 - Annual Report within **90 days** of the fiscal year end
 - Attorney Letter within **120 days** of the fiscal year end.
 - Maintain a Verified Profile. At least once every six months, review and verify the Company's profile information through OTCIQ.

Pink Limited Information Tier

Companies that make the information described below publicly available through OTCIQ may qualify for the Limited Information Tier.

8. **Annual Financial Statements:** Companies must upload the below financial statements for a completed Fiscal Year within the past 16 months. Financial reports must be prepared according to U.S. GAAP or International Financial Reporting Standards (IFRS) but are not required to be audited.
- Balance Sheet
 - Statement of Income
 - Statement of Cash Flows
 - Statement of Retained Earnings (Statement of Changes in Stockholders' Equity)
 - Notes to Financial Statements
 - Audit Letter, if audited

9. **Verified Profile:** The Company must verify the Company Profile through OTCIQ, including, but not limited to, a complete list of officers, directors and service providers; outstanding shares; a business description and contact information.
10. **To Qualify for Limited Information on an ongoing basis, companies must:**
- Upload reports through OTCIQ on the following schedule:
 - **Annual Report** (including the required financial statements outlined in Item 8) within 120 days of the fiscal year end
 - Maintain a Verified Profile. At least once every six months, review and verify their the Company's profile information through OTCIQ.

Current Reporting of Material Corporate Events

Companies are expected to release quickly to the public any news or information regarding corporate events that may be material to the issuer and its securities (including adverse information). Persons with knowledge of such events would be considered to be in possession of material nonpublic information and may not buy or sell the issuer's securities until or unless such information is made public. If not included in the issuer's previous public disclosure documents or if any of the following events occur after the publication of such disclosure documents, the issuer shall publicly disclose such events by disseminating a news release within 4 business days following their occurrence and posting such news release through an Integrated Newswire or OTCIQ.⁴

Material corporate events include:

- Entry into or termination of a material definitive agreement
- Completion of an acquisition or disposition of assets, including but not limited to merger transactions
- Creation of a direct financial obligation or an obligation under an off-balance sheet arrangement of an issuer
- Triggering events that accelerate or increase a direct financial obligation or an obligation under an off-balance sheet arrangement
- Costs associated with exit or disposal activities
- Material impairments
- Sales of equity securities
- Material modification to rights of security holders
- Changes in issuer's certifying accountant
- Non-reliance on previously issued financial statements or a related audit report or completed interim review
- Changes in control of issuer
- Departure of directors or principal officers; election of directors; appointment of principal officers
- Amendments to articles of incorporation or bylaws; change in fiscal year
- Amendments to the issuer's code of ethics, or waiver of a provision of the code of ethics
- Any changes to litigation the issuer may be involved in, or any new litigation surrounding the issuer
- Officer, director, or insider transactions in the issuer's securities
- Disclosure regarding stock promotion campaigns deemed material by the issuer

⁴ "Integrated Newswire" shall mean a newswire service that is integrated with the OTC Disclosure & News Service and is included on OTC Markets Group's list of Integrated Newswires, as published on <https://www.otcmarkets.com/corporate-services/products/disclosure-and-news-service>

- Changes to the company's shell status
- Other events the issuer considers to be of importance

Disclosure Statement Pursuant to the Pink Basic Disclosure Guidelines

[Active Health Foods, Inc.]

1350 Wooten Lake Road Ste 208
Kennesaw, GA 30144

No Website

Quarterly Report **For the Period Ending: 06/30/2022** **(the "Reporting Period")**

As of June 30, 2022, the number of shares outstanding of our Common Stock was:

7,947,626,372

As of March 31, 2022, the number of shares outstanding of our Common Stock was:

7,947,626,372

As of December 31, 2021, the number of shares outstanding of our Common Stock was:

7,947,626,372

Indicate by check mark whether the company is a shell company (as defined in Rule 405 of the Securities Act of 1933 and Rule 12b-2 of the Exchange Act of 1934):

Yes: No:

Indicate by check mark whether the company's shell status has changed since the previous reporting period:

Yes: No:

Indicate by check mark whether a Change in Control⁵ of the company has occurred over this reporting period:

Yes: No:

⁵ "Change in Control" shall mean any events resulting in:

- (i) Any "person" (as such term is used in Sections 13(d) and 14(d) of the Exchange Act) becoming the "beneficial owner" (as defined in Rule 13d-3 of the Exchange Act), directly or indirectly, of securities of the Company representing fifty percent (50%) or more of the total voting power represented by the Company's then outstanding voting securities;
- (ii) The consummation of the sale or disposition by the Company of all or substantially all of the Company's assets;
- (iii) A change in the composition of the Board occurring within a two (2)-year period, as a result of which fewer than a majority of the directors are directors immediately prior to such change; or
- (iv) The consummation of a merger or consolidation of the Company with any other corporation, other than a merger or consolidation which would result in the voting securities of the Company outstanding immediately prior thereto continuing to represent (either by remaining outstanding or by being converted into voting securities of the surviving entity or its parent) at least fifty percent (50%) of the total voting power represented by the voting securities of the Company or such surviving entity or its parent outstanding immediately after such merger or consolidation.

1) Name and address(es) of the issuer and its predecessors (if any)

In answering this item, provide the current name of the issuer any names used by predecessor entities, along with the dates of the name changes.

Active Health Foods, Inc

The state of incorporation or registration of the issuer and of each of its predecessors (if any) during the past five years; Please also include the issuer's current standing in its state of incorporation (e.g. active, default, inactive):

Wyoming

Describe any trading suspension orders issued by the SEC concerning the issuer or its predecessors since inception:

None

List any stock split, stock dividend, recapitalization, merger, acquisition, spin-off, or reorganization either currently anticipated or that occurred within the past 12 months:

On March 29, 2022, the Company created a Nevada Corporation called Etrnl Cosmetics, Inc, a wholly owned subsidiary. One June 9, 2022, the Company acquired 100% of a Delaware Corporation Bioidentical Hormones, Inc in a stock swap arrangement.

On August 8, 2022, the Company effected the following changes:

- Changed the name from Active Health Foods, Ince to Active Health, Inc.
- Authorized the issuance of 37,000,000,000 shares of common stock
- Executed a 7000 to 1 reverse split.

The address(es) of the issuer's principal executive office:

633 W Fifth Street, Unit 2826, Los Angeles, CA 90071

The address(es) of the issuer's principal place of business:

Check box if principal executive office and principal place of business are the same address: X

Has the issuer or any of its predecessors been in bankruptcy, receivership, or any similar proceeding in the past five years?

Yes: No:

If this issuer or any of its predecessors have been the subject of such proceedings, please provide additional details in the space below:

2) Security Information

Trading symbol: AHFD
 Exact title and class of securities outstanding: COMMON
 CUSIP: 005051107
 Par or stated value: \$0.001

Total shares authorized: 20,000,000,000 as of date: June 30, 2022
 Total shares outstanding: 7,947,626,372 as of date: June 30, 2022
 Number of shares in the Public Float⁶: 4,612,881,413 as of date: June 30, 2022
 Total number of shareholders of record: 76 as of date: June 30, 2022

All additional class(es) of publicly traded securities (if any):

Trading symbol: _____
 Exact title and class of securities outstanding: Preferred
 CUSIP: N/A
 Par or stated value: \$0.001
 Total shares authorized: 10,000 as of date: June 30, 2022
 Total shares outstanding: 10,000 as of date: June 30, 2022

Transfer Agent

Name: OLDE MONMOUTH STOCK TRANSFER
 Phone: 732-872-2727
 Email: MATT@OLDEMONMOUTH.COM
 Address: 200 Memorial Parkway, Atlantic Highlands, NJ 07716

Is the Transfer Agent registered under the Exchange Act?⁷ Yes: No:

3) Issuance History

The goal of this section is to provide disclosure with respect to each event that resulted in any direct changes to the total shares outstanding of any class of the issuer's securities **in the past two completed fiscal years and any subsequent interim period**.

Disclosure under this item shall include, in chronological order, all offerings and issuances of securities, including debt convertible into equity securities, whether private or public, and all shares, or any other securities or options to acquire such securities, issued for services. Using the tabular format below, please describe these events.

A. Changes to the Number of Outstanding Shares

Check this box to indicate there were no changes to the number of outstanding shares within the past two completed fiscal years and any subsequent periods:

Shares Outstanding as of Second Most Recent Fiscal Year End:	
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⁶ "Public Float" shall mean the total number of unrestricted shares not held directly or indirectly by an officer, director, any person who is the beneficial owner of more than 10 percent of the total shares outstanding (a "control person"), or any affiliates thereof, or any immediate family members of officers, directors and control persons.

⁷ To be included in the Pink Current Information tier, the transfer agent must be registered under the Exchange Act.

Opening Balance			*Right-click the rows below and select "Insert" to add rows as needed.						
Date 12/31/2018 5,947,625,372			Common: Preferred: 0						
Date of Transaction	Transaction type (e.g. new issuance, cancellation, shares returned to treasury)	Number of Shares Issued (or cancelled)	Class of Securities	Value of shares issued (\$/per share) at issuance	Were the shares issued at a discount to market price at the time of issuance? (Yes/No)	Individual/ Entity Shares were issued to (entities must have individual with voting / investment control disclosed).	Reason for share issuance (e.g. for cash or debt conversion) -OR- Nature of Services Provided	Restricted or Unrestricted as of this filing.	Exemption or Registration Type.
<u>2/12/21</u>	<u>New Issuance</u>	<u>Issue</u> <u>1,000,000,000</u>	<u>Common</u>	<u>\$0.000</u> <u>2</u>	<u>No</u>	<u>Adar Bays</u>	<u>Debt Conversion</u>	<u>Unr</u>	<u>4a(1)</u>
<u>3/1/21</u>	<u>New Issuance</u>	<u>Issue</u> <u>1,000,000,000</u>	<u>Common</u>	<u>\$0.000</u> <u>2</u>	<u>No</u>	<u>Union Capital</u>	<u>Debt Conversion</u>	<u>Unr</u>	<u>4a(1)</u>
<u>9/2/21</u>	<u>New Issuance</u>	<u>10,000</u>	<u>Preferred</u>	<u>\$0.001</u>	<u>No</u>	<u>Gregory C. Manos</u>	<u>Services</u>	<u>Restricted</u>	<u>144</u>
Shares Outstanding on Date of This Report: Ending Balance: Date <u>6/30/22</u> Common: <u>7,947,626,372</u> Preferred: <u>10,000</u>									

Example: A company with a fiscal year end of December 31st, in addressing this item for its quarter ended June 30, 2021, would include any events that resulted in changes to any class of its outstanding shares from the period beginning on January 1, 2019 through June 30, 2021 pursuant to the tabular format above.

Use the space below to provide any additional details, including footnotes to the table above:

B. Debt Securities, Including Promissory and Convertible Notes

Use the chart and additional space below to list and describe all outstanding promissory notes, convertible notes, convertible debentures, or any other debt instruments that may be converted into a class of the issuer's equity securities.

Check this box if there are no outstanding promissory, convertible notes or debt arrangements:

Date of Note Issuance	Outstanding Balance (\$)	Principal Amount at Issuance (\$)	Interest Accrued (\$)	Maturity Date	Conversion Terms (e.g. pricing mechanism for determining conversion of instrument to shares)	Name of Noteholder (entities must have individual with voting / investment control disclosed).	Reason for Issuance (e.g. Loan, Services, etc.)
<u>10/7/21</u>	<u>\$60,000</u>	<u>\$60,000</u>	<u>\$5,271</u>	<u>10/7/22</u>	<u>Conversion at \$0.0002</u>	<u>Gregory C. Manos</u>	<u>Preferred Stock Purchase</u>
<u>10/8/21</u>	<u>\$25,000</u>	<u>\$25,000</u>	<u>\$2,188</u>	<u>10/8/22</u>	<u>Conversion at \$0.0002</u>	<u>Pinnacle Consulting Services</u>	<u>Preferred Stock Purchase</u>
_____	_____	_____	_____	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____	_____

Use the space below to provide any additional details, including footnotes to the table above:

4) Financial Statements

A. The following financial statements were prepared in accordance with:

- U.S. GAAP
 IFRS

B. The financial statements for this reporting period were prepared by (name of individual)⁸:

Name: Theresa Lehan
Title: Accountant
Relationship to Issuer: Accountant

Provide the financial statements described below for the most recent fiscal year or quarter. For the initial disclosure statement (qualifying for Pink Current Information for the first time) please provide reports for the two previous fiscal years and any subsequent interim periods.

- C. Balance Sheet;
D. Statement of Income;
E. Statement of Cash Flows;
F. Statement of Retained Earnings (Statement of Changes in Stockholders' Equity)
G. Financial notes; and
H. Audit letter, if audited

⁸ The financial statements requested pursuant to this item must be prepared in accordance with US GAAP or IFRS by persons with sufficient financial skills.

You may either (i) attach/append the financial statements to this disclosure statement or (ii) file the financial statements through OTCIQ as a separate report using the appropriate report name for the applicable period end. (“Annual Report,” “Quarterly Report” or “Interim Report”).

If you choose to publish the financial statements in a separate report as described above, you must state in the accompanying disclosure statement that such financial statements are incorporated by reference. You may reference the document(s) containing the required financial statements by indicating the document name, period end date, and the date that it was posted to OTCIQ in the field below. Financial Statements must be compiled in one document.

June 30, 2022 Quarterly report of Active Health Foods Inc.

Financial statement information is considered current until the due date for the subsequent report (as set forth in the qualifications section above). To remain qualified for Current Information, a company must post its Annual Report within 90 days from its fiscal year-end date and Quarterly Reports within 45 days of each fiscal quarter-end date.

5) Issuer’s Business, Products and Services

The purpose of this section is to provide a clear description of the issuer's current operations. In answering this item, please include the following:

- A. Summarize the issuer’s business operations (If the issuer does not have current operations, state “no operations”)

Issuer is a Holding Company with two Subsidiary Companies operating in the anti aging medical space.

- B. Please list any subsidiaries, parents, or affiliated companies.

Etrnl Cosmetics, Inc.
Bioidentical Hormones, Inc.

- C. Describe the issuers’ principal products or services.

Anti-aging telemedicine

6) Issuer’s Facilities

The goal of this section is to provide a potential investor with a clear understanding of all assets, properties or facilities owned, used or leased by the issuer and the extent in which the facilities are utilized.

In responding to this item, please clearly describe the assets, properties or facilities of the issuer, give the location of the principal plants and other property of the issuer and describe the condition of the properties. If the issuer does not have complete ownership or control of the property (for example, if others also own the property or if there is a mortgage on the property), describe the limitations on the ownership.

If the issuer leases any assets, properties or facilities, clearly describe them as above and the terms of their leases.

7) Company Insiders (Officers, Directors, and Control Persons)

The goal of this section is to provide an investor with a clear understanding of the identity of all the persons or entities that are involved in managing, controlling or advising the operations, business development and disclosure of the issuer, as well as the identity of any significant or beneficial shareholders.

Using the tabular format below, please provide information, as of the period end date of this report, regarding any person or entity owning 5% or more of any class of the issuer's securities, as well as any officer, and any director of the company, or any person that performs a similar function, regardless of the number of shares they own. **If any insiders listed are corporate shareholders or entities, provide the name and address of the person(s) beneficially owning or controlling such corporate shareholders, or the name and contact information (City, State) of an individual representing the corporation or entity in the note section.**

Name of Officer/Director or Control Person	Affiliation with Company (e.g. Officer Title /Director/Owner of more than 5%)	Residential Address (City / State Only)	Number of shares owned	Share type/class	Ownership Percentage of Class Outstanding	Note
<u>Scott Joseph Wallace</u>	<u>President</u>	<u>Los Angeles, CA</u>	_____	_____	_____	_____
<u>Dr. Gary Aaron</u>	<u>CEO</u>	<u>Canberra, Australia</u>	_____	_____	_____	_____
<u>Mr. Tao Wang</u>	<u>COO</u>	<u>Canberra, Australia</u>	_____	_____	_____	_____
<u>Ms. Theresa Ramirez</u>	<u>CFO</u>	<u>Longview, TX</u>	_____	_____	_____	_____
_____	_____	_____	_____	_____	_____	_____

8) Legal/Disciplinary History

A. Please identify whether any of the persons or entities listed above have, in the past 10 years, been the subject of:

1. A conviction in a criminal proceeding or named as a defendant in a pending criminal proceeding (excluding traffic violations and other minor offenses);

NO

2. The entry of an order, judgment, or decree, not subsequently reversed, suspended or vacated, by a court of competent jurisdiction that permanently or temporarily enjoined, barred, suspended or otherwise limited such person's involvement in any type of business, securities, commodities, or banking activities;

NO

3. A finding or judgment by a court of competent jurisdiction (in a civil action), the Securities and Exchange Commission, the Commodity Futures Trading Commission, or a state securities regulator of a violation of federal or state securities or commodities law, which finding or judgment has not been reversed, suspended, or vacated; or

NO

4. The entry of an order by a self-regulatory organization that permanently or temporarily barred, suspended, or otherwise limited such person's involvement in any type of business or securities activities.

NO

- B. Describe briefly any material pending legal proceedings, other than ordinary routine litigation incidental to the business, to which the issuer or any of its subsidiaries is a party or of which any of their property is the subject. Include the name of the court or agency in which the proceedings are pending, the date instituted, the principal parties thereto, a description of the factual basis alleged to underlie the proceeding and the relief sought. Include similar information as to any such proceedings known to be contemplated by governmental authorities.

9) Third Party Providers

Please provide the name, address, telephone number and email address of each of the following outside providers:

Securities Counsel

Name: John J. Brannelly
Firm: Brannelly Law
Address 1: PO Box 1832
Address 2: Draper, UT 84020
Phone: 801-871-5225
Email: jack@brannellylaw.com

Accountant or Auditor

Name: _____
Firm: _____
Address 1: _____
Address 2: _____
Phone: _____
Email: _____

Investor Relations

Name: _____
Firm: _____
Address 1: _____
Address 2: _____
Phone: _____
Email: _____

Other Service Providers

Provide the name of any other service provider(s) that **that assisted, advised, prepared or provided information with respect to this disclosure statement**. This includes counsel, broker-dealer(s), advisor(s) or consultant(s) or provided assistance or services to the issuer during the reporting period.

Name: _____
Firm: _____
Nature of Services: _____
Address 1: _____
Address 2: _____
Phone: _____
Email: _____

10) Issuer Certification

Principal Executive Officer:

The issuer shall include certifications by the chief executive officer and chief financial officer of the issuer (or any other persons with different titles but having the same responsibilities) in each Quarterly Report or Annual Report.

The certifications shall follow the format below:

I, Dr. Gary Aaron certify that:

1. I have reviewed this Quarterly Report of Active Health Foods, Inc;

2. Based on my knowledge, this disclosure statement does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this disclosure statement; and

3. Based on my knowledge, the financial statements, and other financial information included or incorporated by reference in this disclosure statement, fairly present in all material respects the financial condition, results of operations and cash flows of the issuer as of, and for, the periods presented in this disclosure statement.

8/17/2022

/s/ Dr. Gary Aaron

(Digital Signatures should appear as "/s/ [OFFICER NAME]")

Principal Financial Officer:

I, Theresa Lehan certify that:

1. I have reviewed this Quarterly Report of Active Health Foods, Inc.;

2. Based on my knowledge, this disclosure statement does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this disclosure statement; and

3. Based on my knowledge, the financial statements, and other financial information included or incorporated by reference in this disclosure statement, fairly present in all material respects the financial condition, results of operations and cash flows of the issuer as of, and for, the periods presented in this disclosure statement.

8/16/2022

/s/ Theresa Lehan

June 30, 2022 Quarterly Financial Statements Follow

Active Health Foods, Inc.
Consolidated Financial Statements
(Unaudited)
June 30, 2022

Active Health Foods, Inc
Consolidated Balance Sheet
(Unaudited)

Assets	For the Period Ending	
	06/30/22	12/31/21
Cash		\$6,439
Australian Menopause Center	\$1,750,000	
Goodwill	\$1,500,000	\$401,000
Start-up Costs	\$131,863	
Intellectual Property	\$2,500,000	\$99,000
	\$5,881,863	\$506,439
Liabilities and Stockholders Equity		
Accounts Payable	\$405,823	\$1,513,421
Accrued Compensation to Officers	\$28,000	
Notes Payable	\$100,000	
Note Payable – Australian Menopause Center	\$2,750,000	
Judgment Payable – Beaufort Capital	\$301,844	\$617,129
Convertible Note Payable	\$60,000	\$85,000
Other Notes Payable	\$187,000	\$749,625
	\$3,832,667	\$2,965,175
Stockholders Deficit		
Common Stock \$0.001 par value, 20,000,000,000 authorized 7,947,626,372 and 7,947,626,372 outstanding at 6/30/22 and 12/31/21 respectively	\$8,009,626	\$7,947,627
Stock in Reserve	\$412,719	\$412,719
Paid in Capital	\$4,655,236	\$1,910,827
Preferred Stock	\$10	\$10
Retained Deficit	-\$11,028,395	-\$12,729,919
	\$2,049,196	-\$2,458,736
	\$5,881,863	\$506,439

Active Health Foods, Inc
Consolidated Statement of Operations
(Unaudited)

For the Six Months Ending

	<u>Jun 30, 2022</u>	<u>Jun 30, 2021</u>	
Revenue	\$0	\$0	
Expenses:			
Consulting Fees	\$478,000		
Salaries	\$28,000		
Transfer Agent	\$655		
Bank Service Charges	\$105		
General and Administrative	\$13	\$1,640	
Professional Fees	\$185		
	<u>\$506,958</u>	<u>\$1,640</u>	
Net loss	<u>-\$506,958</u>	<u>-\$1,640</u>	

Active Health Foods, Inc
Consolidated Statements of Cash Flows
(Unaudited)

	For the Six Months Ending	
	<u>06/30/22</u>	<u>06/30/21</u>
Cash Flow from Operations	-\$506,958	-\$1,640
Increase in Liabilities	<u>\$0</u>	<u>\$1,640</u>
Net Cash Used in Operations	-\$506,958	\$0
Cash Flow in Investing Activities	-\$5,381,573	\$0
Cash Flow From Financing Activity	\$867,492	
Cash Flow From Equity Financing	<u>\$5,014,890</u>	
Net Change in Cash	<u>-\$6,149</u>	<u>\$0</u>
Cash at Beginning of Period	<u>\$6,149</u>	<u>\$0</u>
Cash at End of Period	\$0	\$0

Active Health Foods, Inc
Consolidated Statement of Stockholder's Equity
For the Period Ending June 30, 2022
(Unaudited)

	Class A Preferred		Common Stock		Common in Reserve		Additional Paid in Capital Amount	Accumulated Deficit Amount	Total
	Shares	Amount	Shares	Amount	Shares	Amount			
Balance Dec 31, 2018			6,305,805,763	\$6,305,816			\$3,259,103	-\$11,363,147	-\$1,798,228
Prior period adjustment							\$293,545		\$293,545
Net Loss								-\$104,304	-\$104,304
Balance Dec 31, 2019			6,305,805,763	\$6,305,816	0	\$0	\$3,552,648	-\$11,467,451	-\$1,608,987
Prior period adjustment								-\$441,314	-\$441,314
Net Loss								-\$6,560	-\$6,560
Balance Dec 31, 2020			6,305,805,763	\$6,305,816	0	\$0	\$3,552,648	-\$11,915,325	-\$2,056,861
Debt Conversions			2,000,000,000	\$2,000,000			-\$510,220		\$1,489,780
Stock Issued	10,000	\$10			412,719,298	\$412,719	\$9,990		\$422,719
Prior period adjustment – CS			-358,189,391	-\$358,189					-\$358,189
Prior Period Adjustment -APIC							-\$1,141,591		-\$1,141,591
Prior Period Adjustment – Deficit								\$728,871	\$728,871
Net Loss								-\$1,543,465	-\$1,543,465
Balance Dec 31, 2021	10,000	\$10	7,947,616,372	\$7,947,627	412,719,298	\$412,719	\$1,910,827	-\$12,729,919	-\$2,458,736
Reclassify Debt Conversions			-2,000,000,000	-\$2,000,000	2,000,000,000	\$2,000,000			\$0
Prior Period Adjustments							-\$263,454	\$2,233,481	\$1,970,027
Merger Bioidentical Hormones, Inc.							\$3,044,863		\$3,044,863
Net Loss								-\$506,958	-\$506,958
	10,000	\$10	5,947,616,372	\$5,947,627	2,412,719,298	\$2,412,719	\$4,692,236	-\$11,003,396	\$2,049,196

Active Health Foods, Inc.

Notes to the Unaudited Consolidated Financial Statements

For the Six Months Ending June 30, 2022

NOTE 1 - ORGANIZATION AND SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES Current Operations Active Health Foods began as a producer of organic beverages and organic energy bars. Active Health Foods (“ AHFD ” or the “ Company ”), was incorporated in the State of California on January 9, 2008. AHFD has since re-incorporated in Wyoming, beginning with its initial filing with the Wyoming State of Secretary on September 15, 2015.

Our principal business objective from inception had been providing competitively priced, premium quality, organic energy bars. The Company was formally operated by Gregory C. Manos, who served as AHFD’s President, Secretary, CEO, and Treasurer. As of October 7, 2021, Gregory C. Manos resigned his position.

Business Plan Active Health Foods, Inc’s business objective originally had been providing competitively priced, premium quality, organic energy bars. We had developed the brand name “ Active X ™ ” for our energy bars. The term “ Active X ™ ” was trademarked on May 6, 2008. Our energy bars were made from a proprietary formula which uses natural and organic ingredients. Each energy bar was 1.8 net ounces and came wrapped in a distinctive, decorated full color wrapping. Each flavor was packaged into a full color decorated display box, which is specifically designed to be used as a counter display for the retailer. Each uniquely designed display box holds 16 bars. There were eight display boxes to a case, for a total of 128 bars per case. Subsequently, the Company now operates as a shell company, with various investors in the company, whom hold convertible debt in the form of promissory notes that can be converted to common stock upon conversion.

Corporate Management The Company was formally operated by Gregory C. Manos, who served as AHFD’s President, Secretary, CEO, and Treasurer, until October 7, 2021, at which time Mr. Manos gave up his controlling interest in the Company

Corporate History The Company was incorporated in the State of California on January 9, 2008. AHFD has since re-incorporated in Wyoming, beginning with its initial filing with the Wyoming State of Secretary on September 15, 2015. The company currently operates as a shell company.

Basis of Presentation The accompanying unaudited financial statements of the Company have been prepared in accordance with accounting principles generally accepted in the United States of America (“U.S. GAAP”) for unaudited financial information. Accordingly, the unaudited financial statements include all adjustments (consisting of normal recurring adjustments) which are, in the opinion of management, necessary in order to make the condensed financial statements not misleading. **Recently Adopted Accounting Pronouncements** The Company has implemented all new accounting pronouncements that are in effect and that may impact its financial statements and does not believe that there are any other new pronouncements that have been issued that might have a material impact on its financial position or results of operations.

Going Concern The accompanying financial statements have been prepared on a going concern basis which contemplates the realization of assets and the satisfaction of liabilities in the normal course of business. As shown in the financial statements, the Company has incurred recurring net losses since its inception and has raised limited capital. These factors raise substantial doubt regarding the Company’s ability to continue as a going concern. The financial statements do not include any adjustment relating to the recoverability and classification of liabilities that might be necessary should the Company be unable to continue as a going concern. The Company is taking certain steps to provide the necessary capital to continue its operations. These steps include but are not limited to: 1) focus on our new business model and 2) raising equity or debt financing.

NOTE 2 – PREFERRED STOCK The Corporation is authorized to issue one class of Shares designated as “Preferred Stock” in the amount of Ten Thousand (10,000) Shares with a par value of \$0.001. The Board of Directors is authorized to determine or alter the rights, preferences, privileges, and restrictions granted to or imposed upon any wholly unissued Shares of “Preferred Stock”.

NOTE 3 – DEBT OBLIGATIONS Many previously reported obligations of the Company were found to lack consideration, valid legal standing or authority or are outside the statute of limitations and were written off. Other obligations have been renegotiated.

NOTE 4 – CONVERTIBLE NOTES On October 7, 2021, the Company entered into a \$60,000 convertible note for the purchase of the preferred stock of the Company, with noteholder Gregory C. Manos, in which Mr. Manos is entitled to a conversion at a 35% discount to a fixed share price of \$0.0002.

NOTE 5 – DISCONTINUED OPERATIONS As previously stated, the Company no longer pursues the initial mission, and has been an inactive shell for the previous 5 years without revenue. Expenses incurred in the period were related to OTC Markets, Wyoming Secretary of State prorated annual fees, and various other general and professional expenses related to the operations of the company.

NOTE 6 – RELATED PARTY TRANSACTIONS On September 15, 2021 the Company issued 10,000 shares of Preferred Stock to CEO Gregory C. Manos pursuant to a court order (Superior Court of California, Riverside County Case # RIC1513961) October 7, 2021, CEO Gregory C. Manos relinquished his 10,000 shares of Preferred Stock, and Mr. Manos received a \$60,000 convertible promissory note from Active Health Foods Inc. On March 28, 2022, Scott Joseph Wallace was appointed as CEO, CFO, Secretary, and Director of the Company. Additionally, Scott Joseph Wallace became the owner of the ten thousand (10,000) shares of preferred stock. On March 28, 2022, the Company entered into a Settlement Agreement with Glen Bonilla establishing the future payment of \$100,000 for his previously provided services.

NOTE 7 – COMMITMENTS AND CONTINGENCIES On January 22, 2018, a judgment was granted on behalf of plaintiff Beaufort Capital Partners, LLC, against defendants including Active Health Foods, Inc. On January 22, 2018, the judgment in the amount of \$301,844, was granted by default, in the Supreme Court of the State of New York, County of New York, against parties including Active Health Foods, Inc. On August 19, 2021, CEO Gregory C. Manos requested for a Court Judgment against parties including Active Health Foods, Inc. On September 15, 2021, a judgment in the amount of \$315,285, was granted by default, against parties including Active Health Foods, Inc. On December 10, 2021, a settlement agreement was entered into by and between Active Health Foods, Inc., and Gregory C. Manos, in which it was agreed upon that Gregory C. Manos would release all claims against Active Health Foods, Inc. related to the \$315,285 Default Judgement and the \$60,000 Convertible Note, upon receipt of \$100,000 in cash. As of December 31, 2021 the company currently has 412,719,298 common shares committed to be issued for various obligations.

NOTE 8 – CHANGES IN CORPORATE STRUCTURE. March 28, 2022, Mr. Scott Wallace, bought the controlling interest of Active Health Foods, Inc. Mr. Wallace formed a wholly owned subsidiary, Etrnl Cosmetics, Inc., a Nevada Corporation on March 29, 2022. On June 7, 2022 Bioidentical Hormones, Inc., a Delaware Corporation merged with Active Health Foods, Inc. as a wholly owned subsidiary in a stock exchange, exchanging 70,000,000 Active Health Foods, Inc. post split common shares in exchange for 35,000,000 shares of Bioidentical Hormone, Inc shares.

Etrnl Cosmetics, Inc is an anti-aging Company that harnesses the power of Chaga mushrooms for skin, and hair loss therapy.

Bioidentical Hormones is an anti-aging tele-medicine Company focusing on hormone replacement therapies and nutrition. Bioidentical Hormones owns a wholly owned subsidiary, Australian Menopause Center that has successfully practiced hormone replacement therapy for 17 years in Australia.

On June 9, 2022, Scott Joseph Wallace turned his interest in the preferred stock of the Company over to Mr. Robert Boyar who serves as the Director of the consolidated Company in a related party transaction. Mr. Scott Joseph Wallace continues to serve as the Company President.

NOTE 9 – SUBSEQUENT EVENTS On August 8, 2022, the Company filed a Corporate Amendment with the state of Wyoming. The amendment made the following changes:

- Changed the name of the Corporation from Active Health Foods, Inc to Active Health, Inc.
- The Corporation is authorized to issue 37 billion shares of common stock at a par value of \$0.001.
- Execute a 7000 to 1 reverse split of the common stock outstanding.