

AMERICAN DIVERSIFIED HOLDINGS CORPORATION ANNOUNCES JOHN A. CACCHIOLI, ESQ AS NEW CHAIRMAN/CEO

Del Mar, CA, Mar 1, 2024- American Diversified Holding Corporation (OTC: ADHC) announced today that John A. Cacchioli, Esq as the new Chairman/CEO effective as of March 1, 2024.

Former Chairman/CEO Andrew Birnbaum's resignation is effective the same date.

ADHC has filed the quarterly report for the period ending January 31, 2024.

About AMERICAN DIVERSIFIED HOLDINGS CORPORATION

www.UniversalWellness.co

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American Diversified Holdings Corporation

Social Media:

TWITTER: @ADHCManagement.

This Twitter page is the only official Twitter page for ADHC.

SAFE HARBOR FORWARD LOOKING STATEMENTS:

This press release may contain forward looking statements that are based on current expectations, forecasts, and assumptions that involve risks as well as uncertainties that could cause actual outcomes and results to differ materially from those anticipated or expected, including statements related to the amount and timing of expected revenues related to our financial performance, expected revenue, contracts, and future growth for upcoming quarterly and annual periods. These risks and uncertainties are further defined in filings and reports by the Company with the U.S. Securities and Exchange Commission (SEC) and on the OTC Disclosure & News Service (OTCDNS). Actual results and the timing of certain events could differ materially from those projected in or contemplated by the forward-looking statements due to a number of factors detailed from time to time in our filings with the SEC and/or OTCDNS. Among other matters, the Company may not be able to sustain growth or achieve profitability based upon many factors including but not limited to the risk that we will not be able to find and secure construction contracts and the necessary assets that will enable us to become profitable. Reference is hereby made to cautionary statements set forth in the Company's most recent SEC and/or OTCDNS filings. We have incurred and will continue to incur significant expenses in our development stage, noting that there is no assurance that we will generate enough revenues to offset those costs in both the near

and long term. New lines of business in the construction industry may expose us to additional legal and regulatory costs and unknown exposure(s), the impact of which cannot be predicted at this time. Words such as “estimate,” “project,” “predict,” “will,” “would,” “should,” “could,” “may,” “might,” “anticipate,” “plan,” “intend,” “believe,” “expect,” “aim,” “goal,” “target,” “objective,” “likely” or similar expressions that convey the prospective nature of events or outcomes generally indicate forward-looking statements. You should not place undue reliance on these forward-looking statements, which speak only as of this press release. Unless legally required, we undertake no obligation to update, modify or withdraw any forward-looking statements, because of new information, future events or otherwise.