

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT
pursuant to Section 13 or 15(d) of The Securities Act of 1934

Date of Report (Date of earliest event reported): May 22, 2017

Turner Valley Oil & Gas, Inc.

(Exact name of Registrant as specified in its charter)

Commission File Number: 0-30891
Nevada 91-1980526
(Jurisdiction of Incorporation) (I.R.S. Employer Identification No.)

3270 Sul Ross Houston, TX 77098
(Address of principal executive offices) (Zip Code)

Registrant's telephone number, including area code: 1-713-588-9453

INTRODUCTION

This Registrant (Reporting Company) has elected to refer to itself, whenever possible, by normal English pronouns, such as "We", "Us" and "Our". This Form 8-K may contain forward-looking statements. Such statements include statements concerning plans, objectives, goals, strategies, future events, results or performances, and underlying assumptions that are not statements of historical fact. This document and any other written or oral statements made by us or on our behalf may include forward-looking statements which reflect our current views, with respect to future events or results and future financial performance. Certain words indicate forward-looking statements, words like "believe", "expect", "anticipate", "intends", "estimates", "forecast", "projects", and similar expressions.

Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On May 23rd 2017, the Company announced that Mr. Rick Adams, age 49, will join the Company as Chief Financial Officer, effective May 9th, 2017.

Mr. Adams, age 49, has been the Managing Director at Bullfrog Capital from 2002 to 2017. Mr. Adams has performed services across the energy sector including; securing acquisition and development capital for upstream energy producers with transactions totaling over \$560MM, the creation of leasing companies, corporate reorganizations, fair market valuation, investor representation, factoring, executive leadership, investor relations and raising start-up capital.

From 2014 to 2015, Mr. Adams served as CFO of Applied Executive Solutions & Omega 6, a government security contractor with the US Army. From 2012 to 2014 he served as general manager of Innovative Energy Services, Inc. From 1998 to 2002, he served as Senior Director of Aquila Energy Corporation. During the years 1994 to 1998, he served as Transaction Specialist and Financial Analyst for The Williams Companies.

Pursuant to the terms of an employment offer letter by and between the Company and Mr. Adams, effective May 9th, 2017, Mr. Adams will receive a base salary of \$ 100/hr in common restricted shares calculated monthly, shares will be calculated based the share price at the end of the month

A copy of the press release announcing Mr. Adams appointment as Chief Financial Officer is attached hereto as Exhibit 99.1 and incorporated herein by reference.

Item 7.01. Regulation FD Disclosure.

The Company intends to issue a press release on May 23, 2017 discussing its appointment of Mr. Rick Adams to the position of Chief Financial Officer. A copy of this press release is provided herein as Exhibit 99.1.

Item 9.01 Financial Statements and Exhibits

(d) Exhibits.

Exhibit No.	Description
99.1	Press release issued by the Company on May 23, 2017

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, this Form 8-K has been signed below by the following person(s) on behalf of the Registrant and in the capacity and on the date indicated.

Dated: May 22, 2017

Turner Valley Oil and Gas, Inc.

By: /s/ Steve Helm

Steve Helm, President/CEO/Director

EXHIBIT 99.1

Turner Announces Appointment Of Rick Adams As Chief Financial Officer

Executive has an extensive track record in finance, acquisitions, audits and oil & gas

HOUSTON - May 23, 2017 - Turner Valley Oil and Gas, Inc. (the "Company") ("Turner") (OTC: TVOG), pending name change to Turner Venture Group, Inc. has today announced the appointment of Rick Adams as the Company's new CFO.

Mr. Adams has been the Managing Director at Bullfrog Capital from 2002 to 2017, where he has developed a proven track record of finding profitable opportunities in all facets of business, leading successful teams, generating business, and closing transactions. Mr. Adams has also accumulated experience in business development, accounting, contract negotiation, regulatory compliance, and financial analysis.

Mr. Adams has performed services across the energy sector including; securing acquisition and development capital for upstream energy producers with transactions totalling over \$560MM, the creation of leasing companies, corporate reorganizations, fair market valuation, investor representation, factoring, executive leadership, investor relations, and raising start-up capital.

From 2014 to 2015 Mr. Adams served as CFO of Applied Executive Solutions & Omega 6, a government security contractor with the US Army. From 2012 to 2014 he served as general manager of Innovative Energy Services, Inc., a 120 employee, \$12MM + revenue oilfield services company. From 1998 to 2002, he served as Senior Director of Aquila Energy Corporation, an energy capital fund, where he expanded the company's portfolio from \$4 million to \$900 million while creating profits of \$50 million a year. During the years 1994 to 1998, he served as Transaction Specialist and Financial Analyst for The Williams Companies.

On April 20, 2017, The Company announced the execution of an exclusive engagement with Network 1 Financial Securities, Inc. to raise \$25,000,000 through a Preferred share offering. The capital placement is progressing as expected and the two parties expect a closing soon. Turner's management believes that the Company will be well positioned to close the initial acquisitions, continue growth, and finance additional M&A activity with this capital raise.

Turner's management team has been working aggressively in the last few months to complete all of the critical steps to grow shareholder value. With the new CFO appointment, this accelerates the company's goals of becoming fully SEC compliant, up-listing to the OTCQB, and completing final compliance and required conditions to fully capitalize the Company for growth.

Existing shareholders and prospective investors can sign up to receive company news, announcements and investor updates at <http://turnerventuregroup.com/signup/>.

About Turner Valley Oil and Gas, Inc.

Turner Valley Oil and Gas, Inc. (pending name change to Turner Venture Group, Inc.) (OTC:TVOG) is a business holding company, with a historical focus on energy related holdings. The Company's acquisition model is focused on finding and evaluating profitable small to mid-sized businesses as acquisition candidates where cash flow can be improved through its buy, build & bolt-on model within the shipping, real assets, energy, infrastructure, enterprise technology, and manufacturing segments.

Certain statements in this press release are forward-looking and involve a number of risks and uncertainties. Such forward-looking statements are within the meaning of that term in Section 27A of the Securities Act of 1933, as amended and Section 21E of the Securities Exchange Act of 1934, as amended.

Contacts:

Steve Helm, CEO

Turner Valley Oil And Gas, Inc. (pending name change to Turner Venture Group, Inc.)

Phone: 1-713-588-9453

Email: ir@turnerventuregroup.com

Website: <http://turnerventuregroup.com/>

Address: 3270 Sul Ross, Houston, TX 77098