

**ADIA NUTRITION, INC.**  
**4421 Gabriella Lane**  
**Winter Park, Florida 32792**

**(OTC Pink: ADIA)**

**SUPPLEMENTAL INFORMATION — JULY 30, 2024**

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**Acquisition Transaction**

On July 29, 2024, Adia Nutrition, Inc., a Nevada corporation (the “**Company**”), and Aspire Rejuvenation Nutraceuticals LLC, d/b/a Cement Factory Nutrition (“**Cement Factory**”), a privately-held, Florida-based company that manufactures and sells nutritional supplements under the “Cement”™ brand name, entered into a membership interest purchase agreement (the “**Cement Factory Agreement**”), pursuant to which the Company would acquire a 7% ownership stake in Cement Factory. The Company is to issue 1,750,000 shares of its Series C Preferred Stock at the closing of the Cement Factory Agreement. Company management expects the Cement Factory Agreement to close in near future and sees no impediment to such closing.

More information about Cement Factory can be found online at [www.cementfactory.com](http://www.cementfactory.com).

**SIGNATURES**

Dated: July 30, 2024.

/s/ Larry Powalisz  
Chief Executive Officer  
Adia Nutrition, Inc.