

OTC MARKETS GROUP
American Diversified Holdings Corporation
(A Nevada Company)

QUARTERLY REPORT
As of April 30, 2014

All information in this information and disclosure Statement has been compiled to fulfill the disclosure requirements of Rule 15c2-11 (a) promulgated under the Securities and Exchange Act of 1934, as amended. The enumerated captions contained herein correspond to the sequential format set forth in the rule.

No Dealer, salesmen or any other person has been authorized to give any information, or to make any representations, not contained herein in connection with the issuer. Such information or representations, if made, must not be relied upon as having been authorized by the Issuer, and:

Delivery of this information file does not any time imply that the information contained herein is correct as of any time subsequent to the date first written above.

The undersigned hereby certifies that the information herein is true and correct to the best of their knowledge and belief.

Date: June 5, 2014

AMERICAN DIVERSIFIED HOLDINGS CORPORATION

By: /s/ Mr. Ernest B. Remo

*Name: Mr. Ernest B. Remo
Position: Chairman/CEO
Phone: (858) 259-4534
E-mail: ernest@americandiversifiedholdings.com
Web-Page: www.americandiversifiedholdings.com*

Item 1. Name of the Issuer and Its Predecessors (if any)

American Diversified Holdings Corporation

Formerly Lasik America, Inc. and Critical Care, Inc.

Item 2. Address of the Issuer's Principal Executive Offices

Principal Office Address: 2658 Del Mar Heights Rd, Suite 315, Del Mar, CA 92014

Phone: (858) 259-4534
Email: ernest@americandiversifiedholdings.com
Website: <http://www.americandiversifiedholdings.com>

Item 3. Security Information

Trading Symbol:	ADHC
Exact Title and Class of Securities Outstanding:	Common shares
CUSIP:	02541R 300
Par or State Value:	\$0.0001 par value
Total Shares Authorized:	1,000,000,000 common shares as of 4/30/2014
Total Shares Outstanding:	440,994,201 common shares as of 4/30/2014

Transfer Agent: Action Stock Transfer
7069 Highland Drive, Suite 300
Salt Lake City, UT 84121
Tel: (801) 274-1088

Registered under the Exchange Act: Yes

Regulatory Authority: Securities & Exchange Commission

No restrictions on the transfer of security.

No trading suspension orders issued by the SEC in the past 12 months.

Item 4. Issuance History

During the year 2013, the Company issued common shares as described below:

The Company issued 140,000 shares for services valued at \$166,000.

During the fiscal year 2014, the Company issued common shares as described below:

The Company issued 440,000,000 shares for services valued at \$440,000.

Item 5. Interim Financial Statements

The Issuer's Interim Financial Statements for the Nine Months ending April 30, 2014 were filed with OTC Disclosure & News Service on June 5, 2014 and are incorporated herein by reference.

Item 6. Describe the Issuer's Business, Products and Services

A. American Diversified Holdings Corporation is a holding company that provides executive management, corporate governance, administrative support, financial advice and introductions to capital sources to various micro-cap public and several private companies that have proven revenues and business models.

Currently, American Diversified Holdings Corporation is working with several high growth businesses which all maintain a proprietary business model or technology. It is the goal of the Company to help accelerate the business models for these companies so that they flourish.

With over forty years of business experience, and many of those years in executive management positions, the management team at American Diversified Holdings brings a depth and breadth to companies that have great ideas and businesses, but lack some of the public company knowledge, experience and relationships needed to achieve the next level. The Company makes it a goal for each entity it works with to have audited

financial statements, solid cash flow and the ability to file a registration statement, should management choose to make that decision.

Products and Services:

The Company's provided services include: executive management, corporate governance recommendations and remediation, administrative support, including, but not limited to, accounting, secretarial and filing support. Lastly, the Company provides private and public company with introductions to potential financial and other resources.

The Company has no off-balance sheet arrangements.

The Issuer's Interim Financial Statements for the Six Months ending April 30, 2014 were filed with OTC Markets on June 5, 2014 and are incorporated herein by reference.

B. The Company was incorporated in the State of Nevada on March 21, 2001.

C. The Issuer's primary SIC Code is 0742; secondary SIC Code: none.

D. The Issuer's fiscal year end date is July 31.

Item 7. Describe the Issuer's Facilities

The Issuer does not own, lease or use any property, assets or facilities.

Item 8. Officers, Directors and Control Persons

A. Names of Officers, Directors and Control Persons

Ernest B. Remo Chairman, CEO and Control Person

B. Legal/Disciplinary History

None of the foregoing person(s) mentioned in Item 8, Paragraph A have, in the last five years, been the subject of: (1) a conviction in a criminal proceeding or named as a defendant in a pending criminal proceeding (excluding a traffic violation and other minor offenses; (2) The entry of an order, judgment, or decree, not subsequently reversed, suspended or vacated, by a court of competent jurisdiction that permanently or temporarily enjoined, barred, suspended or otherwise limited such person's involvement in any type of business, securities, commodities or banking activities; (3) A finding or judgment by a court of competent jurisdiction (in a civil action), the Securities & Exchange Commission, the Commodity Futures Trading Commission, or a state securities regulator of a violation of federal or state securities or commodities law, which finding or judgment has not been reversed; (4) The entry of an order by a self regulatory organization that permanently or temporarily barred, suspended or otherwise limited such person's involvement in any type of business or securities activities.

C. Beneficial Shareholders

There are no holders possessing 10% or more of the Issuer's outstanding common stock. Mr. Ernest Remo controls all of the issued and outstanding Preferred B stock which constitutes voting control of the Company.

Item 9. Third Party Providers

Legal Counsel – None

Accountant or Auditor - None

Investor Relations Consultant - None

Any other advisors – Consultant – Jay Pignatello, 2658 Del Mar Heights Rd, Suite 315, Del Mar, CA 92014

Item 10. Issuer Certification

I, Ernest B. Remo, certify that:

- 1. I have reviewed this Quarterly Report (as of April 30, 2014) of American Diversified Holdings Corporation, as well as the financial report for the nine months ending April 30, 2014, filed with OTC Markets on June 5, 2014 and incorporated by reference herein; and*
- 2. Based on my knowledge, this disclosure statement does not contain any untrue statements made, in light of the circumstances under which such statements were made not misleading with respect to the period(s) covered by this disclosure statement; and*
- 3. Based on my knowledge, the financial statements, and other financial information included or incorporated by reference in this disclosure statement, fairly present in all material respects the financial condition, results of operations and cash flows of the issuer as of, and for the periods presented in this disclosure statement.*

The undersigned hereby certifies that the information herein is true and correct to the best of their knowledge and belief.

Dated this 5th day of June, 2014

AMERICAN DIVERSIFIED HOLDINGS CORPORATION

By: /s/ Mr. Ernest B. Remo

Name: Mr. Ernest B. Remo

Position: Chairman/CEO

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