

International Consolidated Companies, Inc. sells Truck-side Patents to Life's Holdings, Inc.

Denver, CO (December 8, 2015) – International Consolidated Companies, Inc. (OTC Pink: INCC), a provider of logistical and technological services to the medical marijuana industry has agreed to sell 2 truck-side advertising patents to Life's Holdings, Inc. (hereinafter "LIFE") for common shares in LIFE. The companies anticipate the closing to take place on or before January 30, 2016. LIFE, is not currently a publicly traded company, but plans to file an S-1 to register its common shares immediately following the closing.

Life Holdings, Inc. (LIFE) was founded in 2015. LIFE is in the business of designing, marketing and distributing legally compliant CBD Rich HEMP super food delivery systems available for purchase in all 50 states, that help people live a better life. (What is CBD? <https://www.youtube.com/watch?v=31SrjigPbhU>)

International Consolidated Companies (INCC) was founded in 2002. INCC and its subsidiaries are in the business of people - helping people, through the development of quality hemp products and services, which bring new energy to the world and will ultimately create prosperity for investors. INCC is focused on acquiring and growing businesses that offer innovation, quality, and cost-efficient technologies.

Forward-looking disclaimer

This press release may contain certain forward-looking statements and information, as defined within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934, and is subject to the Safe Harbor created by those sections. This material may contain statements about expected future events and/or financial results that are forward-looking in nature and subject to risk and uncertainties. Such forward-looking statements by definition involve risks, uncertainties and other factors, which may cause the actual results, performance or achievements to be materially different from the statements made herein.

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