

ISSUER INFORMATION AND DISCLOSURE STATEMENT PURSUANT TO RULE 15c2---
11 SECURITIES EXCHANGE ACT OF 1934 PM & E, INC.

DATED: March 31, 2016

ALL INFORMATION FURNISHED HEREIN HAS BEEN PREPARED FROM THE BOOKS
AND RECORDS OF PM & E, INC. IN ACCORDANCE WITH RULE 15c2---11
PROMULGATED UNDER THE SECURITIES EXCHANGE ACT OF 1934, AS AMENDED.

NO DEALER, SALESMAN OR ANY OTHER PERSON HAS BEEN AUTHORIZED TO
GIVE ANY INFORMATION OR TO MAKE ANY REPRESENTATIONS NOT CONTAINED
HEREIN IN CONNECTION WITH THE COMPANY. ANY REPRESENTATIONS NOT
CONTAINED HEREIN MUST NOT BE RELIED UPON AS HAVING BEEN MADE OR
AUTHORIZED BY THE COMPANY. DELIVERY OF THIS INFORMATION DOES NOT
IMPLY THAT THE INFORMATION CONTAINED HEREIN IS CORRECT AS OF ANY
TIME SUBSEQUENT TO THE DATE OF THIS ISSUER INFORMATION AND
DISCLOSURE STATEMENT.

.
PM & E, INC.

Quarterlyl Company Information and Disclosure Statement

August 7, 2016

1) Name of the issuer and its predecessors (if any)

In answering this item, please also provide any names used by predecessor entities in the past
five years and the dates of
the name changes.

PM & E, Inc.

2) Address of the issuer's principal executive offices

Company Headquarters
4610 Dufferin Street
suite 205
Toronto, Ontario, M3H 5S4
Phone: 647-761-3413
Email: info@suncetix.com
Website(s): www.suncetix.com

3) Security Information

Trading Symbol: PMEA

Exact title and class of securities outstanding: common

CUSIP: 351676 10 1

Par or Stated Value: \$0.001

Total shares authorized: 3,000,000,000 as of: December 31, 2014

Total shares outstanding: 1,927,000,000 as of: June 30, 2015

Transfer Agent

Name: Pacific Stock Transfer Co.

4045 South Spencer Street Suite 403

Las Vegas, Nevada 89119

(702) 361 – 3033

www.pacificstocktransfer.com

Is the Transfer Agent registered under the Exchange Act?* Yes:

PACIFIC STOCK TRANSFER CO.. is currently registered under the Securities Exchange Act of 1934 and is an SEC regulated and approved transfer agent.

List any restrictions on the transfer of security:

none

Describe any trading suspension orders issued by the SEC in the past 12 months.

none

4) Issuance History

List below any events, in chronological order, that resulted in changes in total shares outstanding by the issuer in the past two fiscal years and any interim period. The list shall include all offerings of securities, whether private or public, and all shares or any other securities or options to acquire such securities issued for services, describing (1) the securities, (2) the persons or entities to whom such securities were issued and (3) the services provided by such persons or entities.

The list shall indicate:

A. The nature of each offering (e.g., Securities Act Rule 504, intrastate, etc.);

The company issued 15,000,000 shares to Global Karma, Inc. as compensation for investor relations services on May 1, 2013

The company issued 500,000,000 shares to management on 8/15/2014 as compensation

The Company issued 900,000,000 shares for debt reduction

B. Any jurisdictions where the offering was registered or qualified;

n/a

C. The number of shares offered;

15,000,000 shares were issued; none were publicly available. Such shares were for compensation as delineated at Paragraph 4(a), above.

D. The number of shares sold;

No shares were sold. 15,000,000 shares were issued; none were publicly available. Such shares were for compensation as delineated at Paragraph 4(a), above.

E. The price at which the shares were offered, and the amount actually paid to the issuer;

No cash amount was received by the issuer. Shares were issued as compensation for services (described in Paragraph 4(a), above, at a deemed rate of \$.001 for a total of \$15,000.00.

F. The trading status of the shares; and

The shares were issued subject to a 144 restriction and are thus not available for resale at this time.

G. Whether the certificates or other documents that evidence the shares contain a legend (1) stating that the shares have not been registered under the Securities Act and (2) setting forth or referring to the restrictions on transferability and sale of the shares under the Securities Act.

The share certificate contains a restrictive legend as such shares are subject to a 144 restriction.

With respect to private offerings of securities, the list shall also indicate the identity of the persons who purchased securities in such private offering; *provided, however*, that in the event that any such person is an entity, the list shall also indicate (a) the identity of each natural person beneficially owning, directly or indirectly, more than ten percent (10%) of any class of equity securities of such entity and (b) to the extent not otherwise disclosed, the identity of each natural person who controlled or directed, directly or indirectly, the purchase of such securities for such entity.

n/a

5) Financial Statements

Three Month Financial Statement for March 31, 2016 posted on August 7, 2016.

6) Describe the Issuer's Business, Products and Services

A. a description of the issuer's business

operations; PM & E, Inc has a wholly owned subsidiary.

SUNCETIX, INC. that has been founded as a Canadian corporation to engage in the design, development, and implementation of solar power technologies (Modular Photovoltaic System, or MPVS), for which the Company owns proprietary technology. Once commercialized, the technology will be able to deliver solar derived energy at a cost below

that of today's prevailing utility prices SUNCETIX aims to do this by integrating the most modern advances in tracking and concentration of solar rays, and supporting these functionalities with an inventive cooling system. Through simultaneously employing all 3 of these innovations in a novel and extremely cost effective manner, the SUNCETIX system has the potential to produce power at prices below the \$1/Watt (\$USD) benchmark. This is considerably more economical than producing energy using flat panel technology – the process that is currently dominating most of the Photovoltaic (PV) space.

Implementing the company's technologies and methodologies reduce costs to a level below \$1/Watt translates to a price of less than \$0.02/kWh (\$USD). Thus, SUNCETIX technology is capable of supplying energy cheaper than is often available via the modern grid. Achieving this state of grid parity is the requisite condition to bring solar power into the mainstream

B. Date and State (or Jurisdiction) of Incorporation:

PM & E, INC. was originally incorporated under the laws of the State of Colorado on August 17, 2010,

C. the issuer's primary and secondary SIC

Codes; n/a

D. the issuer's fiscal year end

date; December 31

E. principal products or services, and their markets;

PM & E, INC., through its operating division Suncetix Inc. is engaged in the design, development, and implementation of solar power technologies (Modular Photovoltaic System, or MPVS), for which the Company owns proprietary technology.

A. Principal products or services, and their markets: SUNCETIX, INC. has developed and patented a Modular Photovoltaic Solar Power system (MPVS) that utilizes specifically developed, unique technologies that severely increase system efficiency and stabilize its output characteristics in daily and seasonal erratic environment that allows the MPVS to bring peak capacity to the market at \$0.9/Watt

B. Distribution methods of the products or services: Electricity cost of utility companies is defined by system cost and electricity it provides during its lifetime. The system's high efficiency, even higher productivity, prolonged lifetime, low degradation rates and relatively low cost, enable MPVS to provide electricity with present grid utility competitive cost and lower, thus lowering business and consumer's electricity costs. SUNCETIX, INC. has developed and patented a Modular Photovoltaic Solar Power system (MPVS) that utilizes specifically developed, unique technologies that severely increase system efficiency and stabilize its output characteristics in daily and seasonal erratic environment that allows the MPVS to bring peak capacity to the market at \$0.9/Watt.

The innovative engineering ideas integrated in systems reliable yet simple and inexpensive architecture, such as solar irradiation concentration, movement tracking and build-in cooling mechanism permit MPVS to achieve very impressive results. In particular, system usage of silicon is less than standard flat-plate system by 80%, allowing system to compete with utility energy

tariffs, achieving lower than current grid utility level costs, by providing higher magnitude efficiency with increased for high temperatures output characteristics stability and longer daily operating duration. The combination of the low sunk cost and higher capacity utilization will equate the cost of the energy produced by a Modular Photovoltaic System down to lower than \$0.02/kWh over the unit's useful life.

7) Describe the Issuer's Facilities

The Company maintains its offices at suite 205, 4610 Dufferin Street
Toronto, ONT M3H5S4 Canada
The leased office quarters contain approximately 500 square feet, for which the Company pays \$100 per month.

8) Officers, Directors, and Control Persons

A. Names of Officers, Directors, and Control Persons. In responding to this item, please provide the names of each of the issuer's executive officers, directors, general partners and control persons (control persons are beneficial owners of more than five percent (5%) of any class of the issuer's equity securities), as of the date of this information statement.

Jack Merck CEO/President, Director, and

Thomas Hamilton Secretary/Director

B. Legal/Disciplinary History. Please identify whether any of the foregoing persons have, in the last five years, been the subject of:

1. A conviction in a criminal proceeding or named as a defendant in a pending criminal proceeding (excluding traffic violations and other minor offenses);

none

2. The entry of an order, judgment, or decree, not subsequently reversed, suspended or vacated, by a court of competent jurisdiction that permanently or temporarily enjoined, barred, suspended or otherwise limited such person's involvement in any type of business, securities, commodities, or banking activities;

none

3. A finding or judgment by a court of competent jurisdiction (in a civil action), the Securities and Exchange Commission, the Commodity Futures Trading Commission, or a state securities regulator of a violation of federal or state securities or commodities law, which finding or judgment has not been reversed, suspended, or vacated; or

none

4. The entry of an order by a self-regulatory organization that permanently or temporarily barred suspended or otherwise limited such person's involvement in any type of business or securities activities.

none

C. Beneficial Shareholders. Provide a list of the name, address and shareholdings or the percentage of shares owned by all persons beneficially owning more than ten percent (10%) of any class of the issuer's equity securities. If any of the beneficial shareholders are corporate shareholders, provide the name and address of the person(s) owning or controlling such corporate shareholders and the resident agents of the corporate shareholders.

n/a

9) Third Party Providers

Legal Counsel

Name: James R. J. Scheltema of James R. J. Scheltema, LLC
707 E, Cervantes St.
Suite B -109
Pensacola, Florida
32501

Accountant or Auditor n/a

Investor Relations Consultant n/a

Other Advisor: n/a

10) Issuer Certification

I, Thomas Hamilton certify that:

1. I have reviewed this annual disclosure statement of PM & E, Inc.;

2. Based on my knowledge, this disclosure statement does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this disclosure statement; and

3. Based on my knowledge, the financial statements, and other financial information included or incorporated by reference in this disclosure statement, fairly present in all material respects the financial condition, results of operations and cash flows of the issuer as of, and for, the periods presented in this disclosure statement.

August 7, 2016 [Date] "/s/

Thomas Hamilton

Secretary