

19 May 2016

J Sainsbury plc

Purchase of ordinary shares of 28 ⁴/₇ pence in J Sainsbury plc ('Shares' and the 'Company', respectively) by Directors of the Company and Persons Discharging Managerial Responsibility (PDMRs) under the Sainsbury's Share Purchase Plan ('SSPP').

The Company was notified on 20 May 2016 that the following Director and other Persons Discharging Managerial Responsibility for the Company acquired Shares under the SSPP on 20 May 2016 held through Computershare Company Nominees Limited – ESS (the 'Trustee'):

Director and PDMR	Number of Partnership shares purchased at 2.5175 pence per share	Total holding following notification
John Rogers	46	659,675
PDMRs		
Tim Fallowfield	46	
Paul Mills Hicks	39	
Sarah Warby	46	
Angie Risley	46	
Jon Rudoe	46	

The SSPP operates as follows:

Each month the Trustee uses participants' contributions (which may not exceed £115 per participant per four weekly period) to purchase Shares in the market. These shares are called 'Partnership Shares'.