

IMD COMPANIES, INC.

Interim Disclosure Statement

(UNAUDITED)

**For the twelve months ended December 31, 2016 and
2015**

OTC Pink Basic Disclosure Guidelines

1) Name of the issuer and its predecessors

IMD Companies, Inc. was formerly known as International Coastal Biofuels, Inc. The Corporate history of International Coastal Biofuels, Inc. is described below. The Company's current symbol is ICBU and it trades on the Pink Sheets Quotation System. The Company was previously known as:

03/31/1993 The Company was originally named ADV Acquisition Corp. □ 06/16/1993 Empire Capital Corp.
06/23/1998 Interfund Resources, Ltd.
03/23/1999 Interactive Technologies.com Inc.
02/15/2008 International Coastal Biofuels, Inc.
09/23/2010 iMD Companies, Inc.

2) Address of the issuer's principal executive offices

Company Headquarters

4710 Oak Hill Rd
Placerville, CA 95667
Phone: 877-343-2783 ext 800
Email: info@imdcos.com
Website(s): www.imdcompaniesinc.com

IR Contact: Not Applicable

3) Security Information

Trading Symbol: ICBU

Exact title and class of securities at December 31, 2016:

PREFERRED SERIES A STOCK

(i) December 31, 2016	
(ii) Number of Shares Authorized	1,000,000
(iii) Shares Issued and Outstanding	11
(iv) Freely Tradable Shares	0
(v) Total Number of Beneficial Shareholders	1

(vi) Total Number of Shareholders of Record 1

PREFERRED SERIES B STOCK

(i) December 31, 2016
(ii) Number of Shares Authorized 100,000
(iii) Shares Issued and Outstanding 50,000
(iv) Freely Tradable Shares 0
(v) Total Number of Beneficial Shareholders 1
(vi) Total Number of Shareholders of Record 1

COMMON STOCK

(i) December 31, 2016
(ii) Number of Shares Authorized 2,000,000,000
(iii) Shares Issued and Outstanding 929,740,572
(iv) Freely Tradable Shares 692,507,567
(v) Total Number of Beneficial Shareholders 1,235
(vi) Total Number of Shareholders of Record 778

WARRANTS

Trading Symbol: NONE
CUSIP: NONE
Par or Stated Value: \$.01
Total shares authorized: 975,000

On April 30, 2014 a Common Stock Purchase Warrant was executed for up to 800,000 Shares as additional consideration for a \$37,000 convertible note. The warrants may be exercised for all or part at any time up to April 29, 2019 to purchase 800,000 common shares at \$.05 per share. In case the warrant shares aren't registered at the time of exercise, the warrants are subject to cashless exercise at the discretion of the warrant holders.

Transfer Agent:

Name: OLDE MONMOUTH STOCK TRANSFER CO.
200 Memorial Parkway
Atlantic Highland, NJ 07716
Phone: (732) 872-2727

The transfer agent is registered under the Exchange Act.

List any restrictions on the transfer of security:

NONE

Describe any trading suspension orders issued by the SEC in the past 12 months.

NONE

List any stock split, stock dividend, recapitalization, merger, acquisition, spin-off, or reorganization

NONE

4) Issuance History

List below any events, in chronological order, that resulted in changes in total shares outstanding for all shares or any other securities or options to acquire such securities issued for services, describing:

A. The nature of each offering (e.g., Securities Act Rule 504, intrastate, etc.); NONE

B. Any jurisdictions where the offering was registered or qualified; NONE

All common and preferred share issuances by the issuer from January 1, 2013 to December 31, 2016 were issued as restricted securities in private issuances and did not require a registration.

C. The number of shares offered; NONE

D. The number of shares sold;

Incorporated by reference as follows:

Period	Description
1/1/14-12/31/14	Notes 4 & 5 of Annual Report
1/1/15-12/31/15	Notes 4 & 5 of Annual Report
1/1/16-6/30/16	Note 4 & 5 of Interim Report
7/1/16-9/30/16	Note 4 & 5 of Interim Report
10/1/16-12/31/16	Note 4 & 5 of Annual Report

E. The price at which the shares were offered, and the amount actually paid to the issuer;

Period	Description
1/1/14-12/31/14	Notes 4 & 5 of Annual Report
1/1/15-12/31/15	Notes 4 & 5 of Annual Report
1/1/16-6/30/16	Note 4 & 5 of Interim Report
7/1/16-9/30/16	Note 4 & 5 of Interim Report
10/1/16-12/31/16	Note 4 & 5 of Annual Report

F. The trading status of the shares:

All common and preferred share issuances by the issuer from January 1, 2013 to December 31, 2016 were initially issued as restricted in accordance with rule 144

G The certificates or other documents that evidence the shares contain a legend (1) stating that the shares have not been registered under the Securities Act and (2) setting forth or referring to the restrictions on transferability and sale of the shares under the Securities Act.

5) Financial Statements

Financial Statements for twelve months ended December 31, 2016 and 2015 are incorporated by reference.

6) Describe the Issuer's Business, Products and Services

Describe the issuer's business so a potential investor can clearly understand the company. In answering this item, please include the following:

A. Description of the issuer's business operations:

The issuer is a validly formed Florida corporation, originally incorporated in Delaware in 1993. The issuer has never been in bankruptcy, receivership or similar proceeding. The issuer is currently engaged as a provider of Health Protein bars and CBD products and owns KRSNA Minerals from India.

The issuer completed a 5000 for one reverse stock split and name change approved by FINRA in October, 2010. The issuer has never been delisted by any securities exchange.

The issuer has never been a "shell" company, and has always maintained operations.

Business of Issuer –

The Company purchased from Anything Technologies Media, Inc. 51% of R-Quest Hydroponics Inc, a Nevada corporation, for 100,000,000 shares of ICBU common stock on August 28, 2013. R-Quest Hydro had developed a hydroponic garden control device, the EMC-5000 that is targeted at the hydroponic gardening market. It controls all the environmental factors of a grow operation and is monitored by computer or smart phone application. Proto-types of the EMC-5000 have been made and controlling software is in beta testing stage.

During the 1st quarter of 2014 an acquisition was finalized for Green Link Inc. by IMD Companies, Inc. and Anything Technologies Media Inc.

During the 1st quarter 2016 iMD launched a line of CBD Health Products on www.imdmeds.com

During the 4th quarter, 2016 iMD launched a line of protein health bars and is selling them online on www.imdmeds.com and www.nutraprobar.com

During the 4th quarter, 2016 iMD purchased KRSNA MINERALS that is based in India. KRSNA currently has contracts with the Chinese government to supply manganese and Iron ore to China. The recoverable asset values are in excess of 700 million dollars for the total claims owned by KRSNA MINERALS. The Current Claims mined produced revenues in excess of 30 million dollars in 2016 KRSNA MINERALS plans to dramatically increase the number of claims being mined in 2017. KRSNA MINERALS is now a wholly owned subsidiary of ICBU and all financials of KRSNA MINERALS will be represented into ICBU financials statements.

B. Date and State (or Jurisdiction) of Incorporation:

February 15, 2008 Florida (for history of states of domicile see 1) above)

C. The issuer's primary and secondary SIC Codes;

Primary 8071

Secondary 514914

D. The issuer's fiscal year end date;

December 31

E. Principal products or services, and their markets;

R-Quest Hydroponics is beta testing the EMC-5000 and the control software while sales and marketing are presenting the product to prospective customers.

7) Describe the Issuer's Facilities

Not Applicable

8) Officers, Directors, and Control Persons

A. Officers, Directors and

- Larry Robertson– President, Director, Control Person
4710 Oak Hill Rd
Placerville, CA 95667
877-343-2783 ext 802
- Rick Wilson – Chairman of the Board, CEO, Director
PO Box 1131
Ione, CA 95640
877-343-2783 ext 801

Control Persons:

The following are the beneficial owners of more than 5% of the following as of the date of this information statement.

Anything Technologies Media, Inc. owns 95,000,000 common shares of the Company comprising 9% of the outstanding shares of common stock. Anything Technologies Media, Inc. is a publicly held company and trades under the symbol EXMT. Richard Wilson is also the President of Anything Technologies Media, Inc.

B. Legal/Disciplinary History. Please identify whether any of the foregoing persons have, in the last five years, been the subject of:

1. A conviction in a criminal proceeding or named as a defendant in a pending criminal proceeding (excluding traffic violations and other minor offenses);

NONE

2. The entry of an order, judgment, or decree, not subsequently reversed, suspended or vacated, by a court of competent jurisdiction that permanently or temporarily enjoined, barred, suspended or otherwise limited such person's involvement in any type of business, securities, commodities, or banking activities;

NONE

3. A finding or judgment by a court of competent jurisdiction (in a civil action), the Securities and Exchange Commission, the Commodity Futures Trading Commission, or a state securities regulator of a violation of federal or state securities or commodities law, which finding or judgment has not been reversed, suspended, or vacated; or

NONE

4. The entry of an order by a self-regulatory organization that permanently or temporarily barred suspended or otherwise limited such person's involvement in any type of business or securities activities.

NONE

B. Beneficial Shareholders.

- Anything Technologies Media, Inc
PO Box 1131
Ione, CA 95640
A) 95,000,000 shares of the common stock – restricted
B) 0 shares of the Preferred A stock
C) 0 shares of the Preferred B stock

9) Third Party Providers

Please provide the name, address, telephone number, and email address of each of the following outside providers that advise your company on matters relating to operations, business development and disclosure:

Legal Counsel:

LAW OFFICE OF JAMES M. DONOVAN
317 Davisville Rd
Willow Grove, Pennsylvania 19090
267-679-0672

Investor Relations Consultant

NONE

Other Advisor: Any other advisor(s) that assisted, advised, prepared or provided information with respect to this disclosure statement.

NONE

10) Issuer Certification

The issuer shall include certifications by the chief executive officer and chief financial officer of the issuer (or any other persons with different titles, but having the same responsibilities).

The certifications shall follow the format below:

I, Rick Wilson certify that:

1. I have reviewed this interim financial report of IMD Companies, Inc. (ICBU);
2. Based on my knowledge, this disclosure statement does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this disclosure statement; and
3. Based on my knowledge, the financial statements, and other financial information included or incorporated by reference in this disclosure statement, fairly present in all material respects the financial condition, results of operations and cash flows of the issuer as of, and for, the periods presented in this disclosure statement.

March 29, 2017

/s/ Richard Wilson [CFO's Signature]