

OTC Pink Basic Disclosure Guidelines

1) Name of the issuer and its predecessors (if any)

In answering this item, please also provide any names used by predecessor entities in the past five years and the dates of the name changes.

GLOBAL HOLDINGS, INC.*

Former Name Worldwide Food Services, Inc.-10/29/2013

Former Name:EAGLE ROCK ENTERPRISES, INC.- 12/02/2008

Former Name: Z-MIX INDUSTRIES INC.-04/23/2008

Company changed name from Worldwide Food Services, Inc to Global Holdings, Inc, on October 29, 2013; new symbol GHDC and CUSIP 37953Q101.

2) Address of the issuer's principal executive offices

Company Headquarters

Address 1:

GLOBAL HOLDINGS, INC.

3419 Virginia Beach Blvd, Unit 252

Virginia Beach, Virginia 23452

Address 2: _____

Address 3: _____

Phone: Phone:702-460-1577

Email: iinfo@gbhd.net

Website(s): www.gbhd.net

IR Contact

Address 1: YES INTERNATIONAL

3419 Virginia Beach Blvd, #252

Virginia Beach, VA 23452

Address 2: _____

Address 3: _____

Phone: 757-306-6090

Email: yes@yesinternational.com

Website(s): www.yesinternational.com

3) Security Information

Trading Symbol: GBHD

Exact title and class of securities outstanding: Common Stock @ \$.001 par value

CUSIP: 37953Q101.

Par or Stated Value: \$.001

Total shares authorized: 900,000,000

as of: 10/31/2013

Total shares outstanding: 257,801,248

as of: 07/21/2014

Transfer Agent

Name: Transfer Online, Inc.

Address 1: 512 S.E. Salmon Street

Portland, OR 97214

Address 2: _____

Address 3: _____

Phone: 503.227.2950

Is the Transfer Agent registered under the Exchange Act?*

Yes: ☒

No: ☐

*To be included in the OTC Pink Current Information tier, the transfer agent must be registered under the Exchange Act.

List any restrictions on the transfer of security:

None

Describe any trading suspension orders issued by the SEC in the past 12 months.

None

4) Issuance History

List below any events, in chronological order, that resulted in changes in total shares outstanding by the issuer in the past two fiscal years and any interim period. The list shall include all offerings of securities, whether private or public, and all shares or any other securities or options to acquire such securities issued for services, describing (1) the securities, (2) the persons or entities to whom such securities were issued and (3) the services provided by such persons or entities. The list shall indicate:

A. The nature of each offering (e.g., Securities Act Rule 504, intrastate, etc.);

Wellness Water, Inc- Acquisition- 25 Million Common Shares- Issued Rule 144- Price \$0.05 per Share*

Disaster Response International- Acquisition- 10 Million Common Shares- Issued Rule 144- Price \$0.05 per Share*

Smart Diet Rx, Inc.- Acquisition- 30 Million Common Shares- Issued Rule 144- Price \$0.05 per Share*

Cedar Barista S.A.(Mexico)- Acquisition- 35Million Common Shares- Issued Rule 144- Price \$0.05 per Share*

Certal S.A (Mexico)- Acquisition- 35Million Common Shares- Issued Rule 144- Price \$0.05 per Share*

James McShane- Services- 100,000 Common Shares- Issued Rule 144- Price \$0.10 per Share*

Dean Martin- Services- 100,000 Common Shares- Issued Rule 144- Price \$0.10 per Share*

* Issuance for the Year End Period December 31, 2012.

Smart Diet Rx, Inc.-Acquisition- Additional Payment of 10M shares-Issued Rule 144-Price 0.10 per share; per terms of contract base on 1-year anniversary after original closing date December 5, 2012 **

Trade Exchange International- Acquisition- 2.2 Millilon Common Shares-Issued Rule 144-price per share \$0.10 **

CS Enterprises-Services Render-1.3M Common Shares-Issued Rule 144- Price per share\$ 0.10**

On November 11, 2013 the Company retired151,000,000 shares of it common stock back to treasury. Performance clauses in a number of closed acquisitions contracts prior to this date activated share retirement stipulations.

** Issuances for Year End Period, December 31, 2013-13,520,000 Shares issued under Rule 144 and retired 151,000,000 back to corporate stock treasury

B. Any jurisdictions where the offering was registered or qualified;

None

C. The number of shares offered;

See Item 'A' Above

D. The number of shares sold;

See Item 'A' Above

E. The price at which the shares were offered, and the amount actually paid to the issuer;

See Item 'A' Above

F. The trading status of the shares; and

See Item 'A' Above

G. Whether the certificates or other documents that evidence the shares contain a legend (1) stating that the shares have not been registered under the Securities Act and (2) setting forth or referring to the restrictions on transferability and sale of the shares under the Securities Act.

See Item 'A' Above

With respect to private offerings of securities, the list shall also indicate the identity of the persons who purchased securities in such private offering; *provided, however*, that in the event that any such person is an entity, the list shall also indicate (a) the identity of each natural person beneficially owning, directly or indirectly, more than ten percent (10%) of any class of equity securities of such entity and (b) to the extent not otherwise disclosed, the identity of each natural person who controlled or directed, directly or indirectly, the purchase of such securities for such entity.

5) Financial Statements

Provide the financial statements described below for the most recent fiscal year end or quarter end to maintain qualification for the OTC Pink Current Information tier. For the initial disclosure statement (qualifying for Current Information for the first time) please provide reports for the two previous fiscal years and any interim periods.

- A. Balance sheet;
- B. Statement of income;
- C. Statement of cash flows;
- D. Financial notes; and
- E. Audit letter, if audited

The financial statements requested pursuant to this item shall be prepared in accordance with US GAAP by persons with sufficient financial skills.

You may either (i) attach/append the financial statements to this disclosure statement or (ii) post such financial statements through the OTC Disclosure & News Service as a separate report using the appropriate report name for the applicable period end. ("Annual Report," "Quarterly Report" or "Interim Report").

If you choose to publish the financial reports separately as described in part (ii) above, you must state in the accompanying disclosure statement that such financial statements are incorporated by reference. You may reference the document(s) containing the required financial statements by indicating the document name, period end date, and the date that it was posted to otcq.com in the field below.

***Financial statements for the Quarter ending June 30, 2014 have been attached at the bottom of this document.**

Information contained in a Financial Report is considered current until the due date for the subsequent Financial Report.

To remain in the OTC Pink Current Information tier, a company must post its Annual Report within 90 days from its fiscal year-end date and Quarterly Reports within 45 days of its fiscal quarter-end date.

6) Describe the Issuer's Business, Products and Services

Describe the issuer's business so a potential investor can clearly understand the company. In answering this item, please include the following:

- A. a description of the issuer's business operations;

Overview

This report contains forward-looking statements including statements regarding our expectations, beliefs, intentions or future strategies that are signified by the words "expects," "anticipates," "intends," "believes" or similar language. These forward-looking statements involve risks, uncertainties and other factors. All forward-looking statements included in this annual report are based on information available to us on the date hereof and speak only as of the date hereof. We undertake no obligation to update or revise publicly any forward-looking statements, whether as a result of new information, future events, or otherwise. The factors discussed above under "Risk Factors" and elsewhere in this annual report are among those factors that in some cases have affected our results and could cause the actual results to differ materially from those projected in the forward-looking statements.

Global Holdings, Inc. ("GBHD") is a holding company consisting of multiple business segments, some of which are related to the food and beverage industry. The foundation is derived from the various blind organizations that have first rights to the vending and food service in all federal and state buildings, airports, postal facilities, and military bases. Global Holdings, Inc. developed a national buying co-op (National Blind Enterprise Co-op) to fill the need of the thousands of visually impaired business people who were purchasing food and beverages individually at higher prices that were called for base on their total volume.

As GBHD penetrated the many federal and state organizations, and met the leadership of the blind merchants and Randolph-Sheppard, it became obvious that 3,000 blind vendors could not manage the hundreds of thousands of locations. In most states, a blind merchant is limited to one location, thus leaving many locations without management. This opened up the national market for GBHD allowing us to bring our companies large vending and food service (cafeterias) businesses to train and manage until a visually impaired person becomes capable. GBHD will still provide all foods, beverages, and services after training is completed.

The short term (one year) potential is in the hundreds of millions in revenues. Longer term (3-5 years), this segments will be a multi-billion dollar category. The profits due to mass purchases, rebates from major manufactures (already in place), and synergies from tie-in partners such as custodial companies to service these locations is proportionate to the revenue growth.

From this foundation, the company has expanded into other growth business segments such as ethnic products where our objective is to be the "Goya" brand of the Muslim world. Shipments of the 50 top items under one brand began August, 2008.

We are currently formalizing relationships with "Cash and Carry" and "Dollar Store" entities, as well as ice cream and nut companies. Another opportunity is a national co-op for mobile vendors, especially related to paper products. The project will commence as soon as we finalize pricing form Chinese and Indian manufacturers.

The primary focus is on those independent business operators who want an exist strategy after 10-20 years in operations, who require corporate support for marketing, financial reasons, and maintain a history of solid performance. GBHD will integrate these companies to provide both internal and external revenue growth, and to accomplish the strategic plan of vertical and horizontal expansion through mergers and acquisitions.

There are tens of thousand of independent distributors, manufacturers and retailers in the USA. As power becomes consolidated to the few national firms, the regional players become squeezed with high transportation and product costs, creating lower volume and more management problems. The owners are forced to merger

with the big firms where they loss control of these family businesses. GBHD's strategy is to let these owner-operators who have withstood economic cycles in good shape continue their business plan, with guidance and financial support from corporate. GBHD's purchasing power, marketing skills, and complementary businesses will generate efficiencies and increase revenues for these firms.

GBHD was created because of a multi-billion dollar potential with the Federal and State governments and their blind merchants programs. This led to relationships with large food and beverage manufacturers and distributors. In turn, many of these well run organizations desired to be part of the larger entity, Eagle Rock Enterprises, Inc. In February, 2012,

GBHD entered into a multi-lateral agreement with several national suppliers to develop Condition-Specific/Disease-Specific Meals aimed to reduce the 15% hospital re-admission rate due to poor follow-through on given nutritional standard requirements of heart, cancer, diabetes, obesity, high blood pressure, etc. patients and individuals.

Physicians and nutritionists will work with hospitals and nursing homes to ensure that the Condition Specific Menu is part of the patient's diet. There will be a concrete "bridge" in the form of signed agreements for the Condition Specific Meals to be delivered to the home upon a patient's release. The Company will use a nationwide delivery service.

In April 2012, Management made a decision to no longer inventory food supplies for the Emergency Food Kits program due to the expiration dates of many of the ingredients. GBHD joined forces with several national distributors who will inventory and ship the products on a 24-hour basis. The Company has become an established supplier and creditor and no longer needs to maintain food product inventory. The Company will continue to inventory the boxes for the individual Kits as well as their shipping containers. Thus, the Company has re-designed its Emergency Food Kits ("EFK") with a 5 to 7 year shelf-life. In the past, the Company had inventoried ingredients with a two-year shelf life, awaiting a National disaster to trigger EFK orders. If no orders for 'Kits' are received before the expiration date occurs, the Company is forced to either donate or sell these components at a substantial loss. The new business model will eliminate cost and waste due to expiring food dates. The Emergency Food Kits will be marketed to major box stores and supermarkets.

In early, June 2012, Management formed a new commodities division which will work with the United Nations, the Military, and private industry. This division will provide bulk sourcing for a variety of food goods and beverages. The business of this subsidiary focuses on bulk agricultural commodities products, like sugar, beans, coffee, oranges, etc and redistribute and repackage to wholesalers.

In July 2012, the Company completed its acquisition of the Smart Diet Rx, Inc. a division of Global Holding, Inc. which focuses on providing and handling disease specific meals and/or conditional specific meals. These prepared meals with fresh ingredients are provided to people who have both chronic long-term ailments and allergies. Management believes this is a multi-million dollar market with huge upside potential with a nutritional focus for those inflicted with illnesses. People who eat these meals with high nutritional value hopefully can reduce hospital re-admissions, lower blood pressures, reduce obesity issues and assist those with cancer issues.

Throughout August 2012, the Company advanced its international operations with the opening of two offices. The Company's Disaster Relief International subsidiary now has an office in Santiago, Chile and the Company's commodities division, now has offices in Mexico City, Mexico. On August 9, 2012, Management announced that it secured an international vessel bid, whereas Global Holdings, Inc. can ship containers and bulk tonnage of agricultural commodities from Mexico to Africa, South America and Middle Eastern locations. This vessel bid has strengthened the Company's strategy for both its "Disaster Relief International Operations" and can provide assistance for humanitarian efforts. Upon receiving this vessel bid, the Company further announced that it entered into a 3-year contract for bulk garbanzo beans. Management plans on growing the transportation and distribution of these beans from 80 cargo containers to 200 cargo containers per month.

On September 27, 2012, the Company secured a letter of intent to acquire the operations of Wellness Juices, Inc. Management of both Global Holdings, Inc. and Wellness Juices, Inc. remain in negotiations regarding the terms of this acquisition. November 30, 2012, Management completed this acquisition.

In November 2012, the Company reviewed its economic options, and the Board of Directors decided to move the Company offices to Mexico City, Mexico. Logistics of the Commodities Division, coupled with the anticipated tax increases and the impact of "ObamaCare" have led to this decision. Global Holdings, Inc., will maintain a mailing address at 272 Dunns Mill Road #211 in Bordentown, NJ 08505 and limited office hours at office in Oceanside, CA. Soon after the office opened in Mexico, management announced that the Company signed a Memorandum of Understanding ("MOU") with a manufacturing company in Mexico to produce, bottle, and distribute Wellness Juices. Management remains confident that this "Joint Venture" could lead to an acquisition of the Joint Venture partner.

On January 7, 2013 the Company's Commodity Division in Mexico signed a multi-level distribution Joint -Venture Agreement (JV) to supply garbanzo beans (chick peas) and oregano to the Far East, the Middle East, and to Africa. The Company's JV partner is already in production.

On May 10, 2013 The Company's launched its new website which management believes will give the company a better web marketing e-commerce presence. The new website is www.worldwidefoodservices.com.

On May 21, 2013, Management issued a press release stating that insiders were not selling shares. This news was issued to ensure shareholders that insiders shares were still held under Rule 144 restrictions and no insiders converted these shares into free trading shares. As of this date of this report, August 8, 2013, insiders still hold restricted securities and have not converted their holdings into free-trade shares.

On July 2, 2013, the Company announced opening new offices in Costa Rica, Kazakhstan and Sierra Leone. These offices will service the Company's Commodities Division based in Mexico.

August 26, 2013, the Company completed the acquisition of Longevity Logic, Inc., a company comprised of doctors, pharmacists, and nutritionists who develop safe, all-natural, therapeutic-strength supplements clinically proven to provide effective cardio-vascular support without the harmful side effects of medications.

On August 28, 2013, the Company's Longevity Logic, Inc. offices would be consolidated to one location in New York City, New York.

On September 12, 2013, the Company announced its name change to Global Holdings, Inc. This new name better reflects the Corporation's diverse businesses located globally. With current business operations beyond the food and beverage sectors, this new name gives both investors and industry trades a more comprehensive understanding of the Corporation's business platforms, current assets, holdings, business practices and objectives.

On October 29, 2013, the Company notifies that its new symbol is GBHD, CUSIP number 37953Q101 and management is currently working on a new website.

On November 11, 2013 the Company retired 151,000,000 shares of its common stock back to treasury. Performance clauses in a number of closed acquisitions contracts prior to this date activated share retirement stipulations.

On December 10, 2013 the Company moved its New Jersey location to Virginia Beach, VA. Management sees this as a strategic move, better positioning the Company for both short-term and long-term growth of its U.S. East Coast operations. With Hampton Roads' large presence of all military branches within a few miles of the new office, the Company feels that ample military government contracts could be easily awarded upon successful bids.

On December 16, 2014 the Company issued a total of 13,500,000 share of Rule 144 restricted shares. 10,000,000 shares went to the acquisition of Smart Diet Rx, Inc. based on terms for its 1-year anniversary upon being acquired; 2,200,000 shares for the acquisition of Trade Exchange International; and 1,300,000 for services rendered by CS Enterprises.

On January 3, 2014 Merle Feguson became the Company's CEO and President, whereas Susan Donhue stepped down from those positions. James McShane was replaced as Secretary and Treasurer with Ms. Kara Craig.

On March 25, 2014, the Company announces that it has begun the process of becoming a U.S. S.E.C. fully reporting issuer. GBHD's management team started to interview a number of law and auditing firms who services can be utilized for this task. Upon completion of these interviews, management will retain the services of both a legal and auditing firm who will best fulfill this objective.

On March 27, 2014, the Company announces the selection of a securities law firm to assist the Company on full-reporting requirements for the U.S. Securities and Exchange Commission (US SEC). The Company and its legal team will begin putting together the necessary documentation for a FORM S-1 filing. This filing, once approved by the US SEC, qualifies the Company as a fully reporting issuer under the Securities and Exchange Act of 1933.,

On April 10, 2014, the Company announces that 151,000,000 (151 M) shares of its common stock had been retired to the corporate stock treasury account. These 151 M in total aggregate shares, based on terms within acquisition agreements, have been returned due to the higher values in the Company's stock price.

On April 29, 2014 The Company announced that its subsidiary Wellness Juices, Inc. exported over \$1M US of juice products to six different Latin American companies.

On May 14, 2014 The Company announced that it's subsidiary Wellness Juices, Inc had Latin American exports of its juice product in the amount of \$2,083,740.

On May 21, 2014 The Company acquires "Extend Your Life Program, Inc.." This newly acquired, wholly owned subsidiary, provides nutritional methods and applications which offers a wholesome bounty of benefits to end-users.

On June 17, 2014, The Company provided a Corporate updated listing all of its subsidiaries as follows:

- National Blind Enterprise Co-op;
- National Blind Brokers Co-op
- Mini-dollar Stores, Inc.
- Veteran Consulting Group, Inc.
- Wellness Water, Inc.
- Disaster Response International, Inc.
- Smart Diet Rx, Inc
- Wellness Juices, Inc.
- Deli-on-Wheels, Inc.
- Longevity Logic, Inc.
- Lean Life-Styles, Inc.
- Extend Your Life Program, Inc.

On June 17, 2014, The Company also announced over \$14M in sales through May 31, 2014 from its commodities division.

Global Holdings, Inc. is unique in its core development, as it is being achieved through friendly mergers both domestically and internationally rather than unfriendly takeovers.

GBHD has a professional management team with numerous years of experience in the vending and food / beverage productions, health care services, international logistics and distribution businesses.

The Company new website www.gbhd.net is currently is underdevelopment,

B. Date and State (or Jurisdiction) of Incorporation:

The Company was incorporated under the Utah Business Corporation Act, March 1984

C. the issuer's primary and secondary SIC Codes;

2099 - Food preparations, misc; 2086-Bottled and Canned Soft Drinks and Water

D. the issuer's fiscal year end date;

12/31

E. principal products or services, and their markets;

Global Holdings, Inc. (GBHD) provides food and beverage productions, distributions and vending services, and health related services throughout North America and International Markets.

7) Describe the Issuer's Facilities

The goal of this section is to provide a potential investor with a clear understanding of all assets, properties or facilities owned, used or leased by the issuer.

In responding to this item, please clearly describe the assets, properties or facilities of the issuer, give the location of the principal plants and other property of the issuer and describe the condition of the properties. If the issuer does not have complete ownership or control of the property (for example, if others also own the property or if there is a mortgage on the property), describe the limitations on the ownership.

If the issuer leases any assets, properties or facilities, clearly describe them as above and the terms of their leases.

The Company's location/ mailing/ billing address is at 3419 Virginia Beach Blvd, Unit 252
Virginia Beach, VA 23452

8) Officers, Directors, and Control Persons

The goal of this section is to provide an investor with a clear understanding of the identity of all the persons or entities that are involved in managing, controlling or advising the operations, business development and disclosure of the issuer, as well as the identity of any significant shareholders.

A. Names of Officers, Directors, and Control Persons. In responding to this item, please provide the names of each of the issuer's executive officers, directors, general partners and control persons (control persons are beneficial owners of more than five percent (5%) of any class of the issuer's equity securities), as of the date of this information statement.

Merle Ferguson-President/CEO/Chairman

Kara Craig- Secretary/ Treasurer

James McShane- Director

B. Legal/Disciplinary History. Please identify whether any of the foregoing persons have, in the last five years, been the subject of:

1. A conviction in a criminal proceeding or named as a defendant in a pending criminal proceeding (excluding traffic violations and other minor offenses);

None

2. The entry of an order, judgment, or decree, not subsequently reversed, suspended or vacated, by a court of competent jurisdiction that permanently or temporarily enjoined, barred, suspended or otherwise limited such person's involvement in any type of business, securities, commodities, or banking activities;

Please refer to the following link:

3. A finding or judgment by a court of competent jurisdiction (in a civil action), the Securities and Exchange Commission, the Commodity Futures Trading Commission, or a state securities regulator of a violation of federal or state securities or commodities law, which finding or judgment has not been reversed, suspended, or vacated; or

None

4. The entry of an order by a self-regulatory organization that permanently or temporarily barred suspended or otherwise limited such person's involvement in any type of business or securities activities.

None

- C. Beneficial Shareholders. Provide a list of the name, address and shareholdings or the percentage of shares owned by all persons beneficially owning more than ten percent (10%) of any class of the issuer's equity securities. If any of the beneficial shareholders are corporate shareholders, provide the name and address of the person(s) owning or controlling such corporate shareholders and the resident agents of the corporate shareholders.

No beneficial shareholders owns more than 10% of the Company's common stock.

9) Third Party Providers

Please provide the name, address, telephone number, and email address of each of the following outside providers that advise your company on matters relating to operations, business development and disclosure:

Legal Counsel

Name: Robert W. Wright

Firm: Law Office of Robert W. Wright

Address 1: 716 Castro St.

Solana Beach, CA, 92075

Address 2: _____

Phone: _____

Email: _____

Accountant or Auditor

Name: CS&S Enterprises

Firm: _____

Address 1: _____

Address 2: _____

Phone: _____

Email: _____

Investor Relations Consultant

Name: Rich Kaiser

Firm: YES INTERNATIONAL

Address 1: 3419 Virginia Beach Blvd, #252

Virginia Beach, VA 23452

Address 2: www.yesinternational.com

Phone: 757-306-6090

Email: yes@yesinternational.com

Other Advisor: Any other advisor(s) that assisted, advised, prepared or provided information with respect to this disclosure statement.

Name: _____

Firm: _____
Address 1: _____
Address 2: _____
Phone: _____
Email: _____

10) Issuer Certification

The issuer shall include certifications by the chief executive officer and chief financial officer of the issuer (or any other persons with different titles, but having the same responsibilities).

The certifications shall follow the format below:

I, Merle Feguson certify that:

1. I have reviewed this Quarterly Report ending June 30, 2014 of Global Holdings, Inc.;
2. Based on my knowledge, this disclosure statement does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this disclosure statement; and
3. Based on my knowledge, the financial statements, and other financial information included or incorporated by reference in this disclosure statement, fairly present in all material respects the financial condition, results of operations and cash flows of the issuer as of, and for, the periods presented in this disclosure statement.

July 21, 2014 [Date]

/s/Merle Feguson [Signature]
(Digital Signatures should appear as "/s/ [OFFICER NAME]")

President/CEO/Chairman [Title]

GLOBAL HOLDINGS, INC.
Consolidated Balance Sheet
Six Months Ended June 30, 2014

Consolidated

ASSETS

Current Assets

Cash & Equivalent	\$ 2,507,861
Accounts Receivable	\$ 862,273
Inventory	\$ 2,907,733
Total Current Assets	<u>\$ 5,326,162</u>

Fixed Assets less accumulated depreciation \$2,472

Furniture & Fixtures	<u>\$ 11,310</u>
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TOTAL ASSETS

\$ 6,289,180

LIABILITIES AND SHAREHOLDERS' EQUITY

Current Liabilities	\$ -
Current Payables	\$ -
Total Current Liabilities	<u>\$ -</u>

Long Term Liabilities	<u>\$ 564,191</u>
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Total Liabilities

\$ 564,191

SHAREHOLDERS' EQUITY

Preferred Stock	\$.001 par value 10,000,000 shares authorized 0 shares outstanding	
Common Stock	\$.001 par value 900,000,000 shares authorized 257,801,248 shares issued	\$ 257,801

Additional Paid In Capital	\$ -
Retained Earnings	\$ 2,652,380
Net Income	<u>\$ 3, 072,609</u>
Total Equity	<u>\$ 5,982,790</u>
Total Liabilities and Equity	<u><u>\$ 6,289,180</u></u>

*These financial statements and notes thereto present fairly, in all material respects, the financial position of the company and the results of its operations and cash flows for the periods presented, in conformity with the accounting principles generally accepted in the United States, consistently applied and hereby certified by Merle Ferguson for Global Holdings, Inc.

GLOBAL HOLDINGS, INC.

Consolidated Cash Flow

Six Months ended

June 30, 2014

OPERATING ACTIVITIES

Net Income to net cash provided by operations:	\$3,072,609
Increase of Inventory	-
Accounts Receivable	-
Employee Advances	-
Accrued Expenses	-

Net cash provided by Operating Activities	<u>\$3,072,609</u>
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INVESTING ACTIVITIES

Due from Subsidiaries	<u>\$ -</u>
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Net cash provided by Investing Activities	<u>\$ -</u>
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FINANCING ACTIVITIES

Common Stock	-
Paid in Capital	-

Net cash provided by Financing Activities	<u>-</u>
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Net cash increase for period	<u>\$3,072,609</u>
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Cash a beginning of period	<u>801,922</u>
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Cash at end of period	<u>\$2,507,861</u>
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GLOBAL HOLDINGS, INC.
Consolidated Statement of Operations
Six Months Ended June 30, 2014

Sales		Consolidated
		\$ 20,183,768
Expense		
	Payroll	\$ 256,441
	Cost of Goods	\$ 16,642,227
	Administrative	\$ 210,109
	Depreciation	\$ 2,472
Total operating expense		\$ 17,111,159
Net Profit from Operations		\$ 3,072,609
Common Shares Outstanding		257,802,248

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Merle Ferguson for Global Holdings, Inc.

Global Holdings, Inc.
NOTES to FINANCIAL STATEMENTS

Note 1. – General Organization and Business

The Company was originally incorporated under the Utah Business Corporation Act, March 1984.

On Decemeber 10, 2013 the Company moved its New Jersey location to Virginia Beach, VA. Management sees this as a strategic move, better positioning the Company for both short-term and long-term growth of its U.S. East Coast operations. With Hampton Roads' large presence of all military branches within a few miles of the new office, the Company feels that ample military government contracts could be easily awarded upon successful bids. Area has a large deepwater port which can easily facilitate international commerce that the Company part-takes as part of its business operations.

On December 16, 2013 the Company issued a total of 13,500,000 share of Rule 144 restricted shares. 10,000,000 shares went to the acquisition of Smart Diet Rx, Inc. based on terms for its 1-year anniversary upon being aquired; 2,200,000 shares for the acquisition of Trade Exchange International; and 1,300,000 for services rendered by CS Enterprises.

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Note 2. – Summary of Significant Accounting Practices

Accounting Basis

The basis is generally accepted accounting principles

Dividends

The Company has not yet adopted any policy regarding payment of dividends. No dividends have been paid during the periods shown.

Income Taxes

The provision for income taxes is the total of the current taxes payable and the net of the change in the deferred income taxes. Provision is made for the deferred income taxes where differences exist between the periods in which transactions affect current taxable income and the period in which they enter into the determination of net income in the financial statements.

Use of Estimates

The preparation of financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenue and expenses during the reporting period. Actual results could differ from those estimates.

Note 3. – Going Concern

The accompanying financial statements have been prepared assuming that the Company will continue as a going concern. The Company's continuation as a going concern is dependent on its ability to meet its obligations, to obtain additional financing as may be required and ultimately to attain profitability. These financial statements do not include any adjustments that might result from the out come of this uncertainty.

Note 4. – Stockholders' Equity

Authorized

The Company is authorized to issue 900,000,000 shares of \$.001 par value common stock and 10,000,000 shares of \$.001 par value preferred stock. All common stock shares have equal voting rights, are non-assessable and have one vote per share. Voting rights are not cumulative and, therefore, the holders of more than 50% of the common stock could, if they choose to do so, elect all of the directors of the Company. The preferred shares may be issued in series, with the powers, rights and limitations of the preferred shares to be determined by the Board. As of July 21, 2014, the Company has 257,801,248 shares of its common Stock outstanding.

Note 5. – Provision for Income Taxes

The Company provides for income taxes under that Statement of Financial Accounting Standards NO. 109. Accounting for Income Taxes SFAS No. 109 requires the use of an asset and liability approach in accounting for income taxes. Deferred tax assets and liabilities are recorded based on the differences between the financial statement and tax bases of assets and liabilities and the tax rates in effect when these differences are expected to reverse.

SFAS No. 109 requires the reduction of deferred tax assets by a valuation allowance if, based on the weight of available evidence, it is more likely than not that some sort or all of the deferred tax assets will not be realized.

The provision for income taxes is comprised of the net changes in deferred taxes less the valuation account plus the current taxes payable as shown in the chart below:

Net changes is Deferred Tax Benefit	
Less than valuation account	0
Current Taxes Payable	<u>0</u>
Net Provision for Income Taxes	<u>0</u>

The Federal Income Tax filings are not current with the Company.

The financial statements, and the notes thereto, are based on the best information currently available to the Company, and to the best of my knowledge present fairly, in all material respects, the financial position of the Issuer and the results of its operations and cash flow for the periods

presented, in conformity with accounting principles generally accepted in the United States, consistently applied and certified by Merle Ferguson
CEO/President and Chairman Director Global Holdings, Inc.

/s/ Merle Ferguson

Merle Ferguson
CEO/President & Chairman
Global Holdings, Inc.