

**FORM 51-102F3**  
**MATERIAL CHANGE REPORT**

**ITEM 1. NAME AND ADDRESS OF COMPANY**

Alternate Health Corp.  
300 – 1485 6<sup>th</sup> Ave. W.  
Vancouver, BC, V6H4G1

**ITEM 2. DATE OF MATERIAL CHANGE**

May 26, 2016

**ITEM 3. NEWS RELEASE**

The press release was issued on May 27, 2016 and filed on SEDAR – all in accordance with the policies of the regulatory authorities.

**ITEM 4. SUMMARY OF MATERIAL CHANGE**

Alternate Health Corp. wishes to announce that all of the resolutions put forth at the Company's Annual General Meeting of Shareholders held on May 26, 2016 have been approved.

**ITEM 5. 5.1 FULL DESCRIPTION OF MATERIAL CHANGE**

**NEWS RELEASE**  
**ANNUAL GENERAL MEETING**

**Vancouver, BC, May 27, 2016 – Alternate Health Corp. (formerly 1017344 B.C. LTD.)** (“Alternate” or the “Company”). wishes to announce that all of the resolutions put forth at the Company’s Annual General Meeting of Shareholders held on May 26, 2016 have been approved. In addition to the standard annual shareholder resolutions which include setting the number of directors, the election of the directors of the Company, and the appointment Scarrow Yurman & Co., Chartered Professional Accountants, as auditors for the coming year, the Company’s shareholders approved and ratified the Company's 15% rolling stock option plan. A majority of votes cast, by disinterested shareholders, was received on this resolution.

At the meeting the following directors were elected; and directly after the meeting the Board of Directors appointed the following Officers:

**Directors:**

Bobby Curtola  
James Tykoliz  
Rick Macartney  
Marcelin O'Neill  
Marjorie Sanderson  
Jim Griffiths

**Officers:**

Bobby Curtola, Chairman  
Marjorie Sanderson, Chief Executive Officer  
Jim Griffiths, Chief Financial Officer  
Marcelin O'Neill, Corporate Secretary

**About Alternate:**

Alternate Health Corp. is a reporting issuer, duly incorporated in the Province of British Columbia, currently seeking a listing on the Canadian Securities Exchange.

**ON BEHALF OF THE BOARD**  
*“Bobby Curtola”*  
**Director and Chairman**

**FOR FURTHER INFORMATION PLEASE CONTACT:**

Bobby Curtola  
Director & Chairman  
Telephone: +1.902.809.4243  
Email: b.curtola@gmail.com

**5.2 DISCLOSURE FOR RESTRUCTURING TRANSACTION**

N/A

**ITEM 6. RELIANCE ON SUBSECTION 7.1(2) OR (3) OF NATIONAL INSTRUMENT 51-102**

N/A

**ITEM 7. OMITTED INFORMATION**

N/A

**ITEM 8. EXECUTIVE OFFICER**

To obtain further information please contact Mr. Bobby Curtola, Chairman and a Director of the Issuer at 1.902.809.4243.

**ITEM 9. DATE OF REPORT**

DATED at Vancouver, BC this 27<sup>th</sup> day of May, 2016.

/s/ “Marcelin O’Neill”  
**Marcelin O’Neill**  
**Director & Corporate Secretary**