

FORM 51-102F3
MATERIAL CHANGE REPORT

ITEM 1. NAME AND ADDRESS OF COMPANY

Alternate Health Corp.
300 – 1485 6th Ave. W.
Vancouver, BC, V6H 4G1

ITEM 2. DATE OF MATERIAL CHANGE

November 27, 2015

ITEM 3. NEWS RELEASE

The press release was issued on November 27, 2015 and filed on SEDAR – all in accordance with the policies of the regulatory authorities.

ITEM 4. SUMMARY OF MATERIAL CHANGE

Alternate Health Corp is pleased to announce that it has agreed to the terms of a share exchange agreement with Alternate Health Inc. (“AHI”) to complete the proposed acquisition of AHI.

ITEM 5. 5.1 FULL DESCRIPTION OF MATERIAL CHANGE

**ALTERNATE HEALTH CORP. AGREES TO COMPLETE
SHARE EXCHANGE WITH ALTERNATE HEALTH INC.**

Vancouver, British Columbia –November 27, 2015 – Alternate Health Corp. (the “Company” or “AHC”) is pleased to announce that it has agreed to the terms of a share exchange agreement (the “Share Exchange Agreement”) with Alternate Health Inc. (“AHI”) to complete the proposed acquisition of AHI.

AHI is a privately held, Ontario company formed as a medical services company in the Canadian market with interest in promoting both traditional (i.e. physicians) and non-traditional (i.e. chiropractors, Naturopaths) solutions to modern healthcare. AHI has one wholly-owned subsidiary, CanaCard Inc., also an Ontario company. AHI holds exclusive licenses in Canada for the VIP-Patient Electronic Medical Records platform and the CanaCard Controlled Substances Patient Management System.

The transaction will be carried out as a share exchange (the “Share Exchange”) pursuant to which, among other things: (i) AHC will acquire all of the issued and outstanding shares of AHI, and AHI will become a wholly-owned subsidiary of AHC; (ii) shareholders of AHI will be issued one common share of AHC for every one common share of AHI held at the effective time of the Share Exchange; and (iii) warrant holders of AHI will be issued warrants of AHC on equivalent terms as, and in replacement of, all outstanding AHI warrants, and the AHI warrants will be cancelled.

Completion of the Share Exchange remains subject to a number of conditions, including but not limited to, satisfaction of standard closing conditions for transactions of this nature. The Company intends to apply for listing on the Canadian Securities Exchange as part of completion of the Share Exchange.

ON BEHALF OF THE BOARD

“Bobby Curtola”

Director and Chairman

FOR FURTHER INFORMATION PLEASE CONTACT:

Bobby Curtola

Director & Chairman

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5.2 DISCLOSURE FOR RESTRUCTURING TRANSACTION

N/A

ITEM 6. RELIANCE ON SUBSECTION 7.1(2) OR (3) OF NATIONAL INSTRUMENT 51-102

N/A

ITEM 7. OMITTED INFORMATION

N/A

ITEM 8. EXECUTIVE OFFICER

To obtain further information please contact Mr. Bobby Curtola, Chairman and a Director of the Issuer at 1.902.809.4243.

ITEM 9. DATE OF REPORT

DATED at Vancouver, BC this 27th day of November, 2015.

/s/ “Marcelin O’Neill”

Marcelin O’Neill

Director & Corporate Secretary