FORM 51-102F3

MATERIAL CHANGE REPORT

1. Name and Address of Company

Advantage Lithium Corp. (the "Issuer")
#1305 - 1090 West Georgia Street
Vancouver, British Columbia V6E 3V7
Phone: (604) 685-9316

2. Date of Material Change

September 13, 2016

3. Press Release

The press release was issued on September 13, 2016 through various approved public media and filed with the TSX Venture Exchange and the British Columbia, Alberta and Ontario Securities Commissions.

4. Summary of Material Change(s)

See attached press release.

5. Full Description of Material Change

See attached press release.

6. Reliance on subsection 7.1(2) or (3) of National Instrument 51-102

Not Applicable

7. Omitted Information

Not Applicable

8. Executive Officer

Nick DeMare, CFO & Corporate Secretary
Phone: (604) 685-9316

9. Date of Report

September 14, 2016

ADVANTAGE LITHIUM CORP.
#1305 - 1090 West Georgia Street
Vancouver, BC V6E 3V7
Tel: 604-685-9316 | Fax: 604-683-1585
www.AdvantageLithium.com

TSX Venture Exchange Symbol: AAL

NEWS RELEASE **SEPTEMBER 13, 2016**

Advantage Lithium Appoints David Sidoo as CEO

Vancouver, British Columbia, September 13, 2016 – Advantage Lithium Corp. (the "**Company**" or "**Advantage Lithium**") (**TSXV: AAL**) is pleased to announce the appointment of Mr. David Sidoo as Chief Executive Officer of the Company. Mr. Sidoo is an award-winning senior executive with a strong track record of taking companies from start-up to successful sale. He raised over $150M for his two previous public companies and was the founding shareholder of American Oil & Gas Inc. , which sold to Hess Corporation for over US$630 million in an all-stock transaction.

Outside of his professional life, Mr. Sidoo has been recognized at the highest levels for his work with local communities. He received the Order of British Columbia in July, 2016 and the Queen Elizabeth II Diamond Jubilee Medal and the NRI Award in 2012. Previously, the Vancouver Sun voted him one of the top 100 South Asians making a difference in BC and he also sits on the Board of Governors of the University of British Columbia.

Mr. Dev Randhawa has resigned as interim CEO and the Board thanks him for his diligent efforts during the early stages of the company.

Dev Randhawa, Director of Advantage Lithium, commented: *"The progress that Advantage Lithium has made in such a short time, raising funds and securing high-quality assets, speaks volumes for Mr. Sidoo's capabilities. He has put together a strong team, and he has the vision and skills to continue building this company into a serious player in the lithium sector."*

David Sidoo, President and CEO of Advantage Lithium, said: *"I'm delighted to be taking on the role of CEO as such a key time. The lithium sector continues to expand and there exist exciting opportunities for the right company. With our experienced team and strong assets, I'm confident we will continue to increase shareholder value through a strategy of drilling and further acquisitions."*

The company further announces that it has filed its application to list and be called to trade on the Frankfurt Stock Exchange. This will help broaden the Company's exposure in Europe where European, and especially German investors, are showing a renewed interest in resource based companies. The proposed listing on the Frankfurt Stock Exchange will provide these investors with better capital market access. In addition, the Company has engaged Future Money Trends LLC to provide certain financial publishing and digital marketing services.

Further information about the company can be found at www.advantagelithium.com.

About Advantage Lithium Corp.

Advantage Lithium Corp. is a resource company specializing in the strategic acquisition, exploration and development of lithium properties and is headquartered in Vancouver, British Columbia. Common Shares are listed on the TSX Venture Exchange under the symbol "AAL". The company is earning an interest from Nevada Sunrise Gold Corp., in a portfolio of five lithium brine projects in the Clayton and Lida Valley regions of Nevada, USA, together with certificated water rights in the Clayton Valley. In addition, the company has entered into an LOI agreement to earn interest from Radius Gold Inc. in four lithium brine projects in the states of Chihuahua and Coahuila, Northwest Mexico.

ADVANTAGE LITHIUM CORP.

Per: *"Nick DeMare"*
Nick DeMare, Corporate Secretary
Tel: 604.685.9316 | Fax: 604.683.1585
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Cautionary Statement:

Certain information contained in this press release constitutes "forward-looking information", within the meaning of Canadian legislation. Generally, these forward-looking statements can be identified by the use of forward-looking terminology such as "plans", "expects" or "does not expect", "is expected", "budget", "scheduled", "estimates", "forecasts", "intends", "anticipates" or "does not anticipate", or "believes", or variations of such words and phrases or state that certain actions, events or results "may", "could", "would", "might" or "will be taken", "occur", "be achieved" or "has the potential to". Forward looking statements contained in this press release may include statements regarding the future operating or financial performance of Advantage Lithium which involve known and unknown risks and uncertainties which may not prove to be accurate. Actual results and outcomes may differ materially from what is expressed or forecasted in these forward-looking statements. Such statements are qualified in their entirety by the inherent risks and uncertainties surrounding future expectations. Among those factors which could cause actual results to differ materially are the following: market conditions and other risk factors listed from time to time in our reports filed with Canadian securities regulators on SEDAR at www.sedar.com. The forward-looking statements included in this press release are made as of the date of this press release and the Company and Advantage Lithium disclaim any intention or obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise, except as expressly required by applicable securities legislation.

Neither TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.