Innovative Holdings Alliance, Inc.

(OTC Pink Basic Disclosure Guidelines)

Innovative Health Sciences, Inc., the predecessor of Innovative Holdings Alliance, Inc., a formerly public reporting company, filed a Form 15 on March 4, 2005 when it elected to suspend filing reports under requirements of Sections 13 or 15d of the Federal Securities Act of 1934. After June of 2011, it was considered a shell company. Because we previously were a shell company, the exemption offered pursuant to Rule 144 for resales is not available. Anyone who has purchased securities directly or indirectly from 'us or any of our affiliates in a transaction or chain of transactions not involving a public offering cannot sell such securities in an open market transaction, until and unless the requirements of Rule 144(i) have been met, of which there can be no assurance.

1) Name of the issuer and its predecessor (if any) .

Innovative Holdings Alliance, Inc. ("Company") was formed on February 24, 2011 as a wholly owned subsidiary of Innovative Health Sciences, Inc. ("Innovative Health" or "Predecessor") under the laws of the State of Delaware. Innovative Health was initially formed as Auto Capital on February 29, 1996 under the laws of the State of Nevada.

Effective May 27, 2011, the Company and Innovative Health and ISHN 10, Inc. effected a plan of merger and reorganization into a Holding Company structure, whereby the Predecessor (operating company) was merged into a newly formed wholly-owned subsidiary ISHN 10, Inc. of the Company pursuant to Section 251(g) of Delaware General Corporation Laws. The Company is the Holding Company successor under the Plan of Reorganization and the old operating company, ISHN 10, Inc. was divested and declared bankruptcy under Chapter 7.

2) Address of the issuer's principal executive offices

Company Headquarters

Innovative Holdings Alliance, Inc.

12460 Crabapple Rd.
Ste. 202-224
Alpharetta, GA 30004
Phone: (7700 777-6641
Email: mchriswinter@comcast.net

Website: www.innovativeholdingsalliance.com

3) Security information

Common Stock

Trading Symbol: IHAI
Exact title and class of securities outstanding: Common Stock
CUSJP: Innovative Holdings Alliance, Inc. -457672 301 (predecessor was 457670206)
Par or Stated Value: $0.001 per share

Total shares authorized: 500,000,000 *as of:* September 29, 2016

Total shares outstanding: 17,155,429 as of: September 29, 2016

Preferred Stock

Series A:

Trading Symbol: n/a
Exact title and class of authorized outstanding: Preferred Series A Super Majority Voting
CUSIP: n/a
Par or Stated Value: $0.0001 per share
Total shares authorized: 500,000 *as of:* September 29, 2016
Total shares outstanding: 1 *as of:* September 29, 2016

Transfer Agent

Pacific Stock Transfer.
6725 Via Austi Pkwy., Suite 300 Las Vegas, NV 89119
Phone: (702) 361-3033
Fax: (702) 433-1979
Is the Transfer Agent registered under the/Exchange Act? Yes: X No:

List any restrictions on the transfer of sec urity(ies): None

Describe any trading suspension orders issued by the SEC in the past 12 months: None

4) Issuance History

Issuances of shares of the Company's common stock authorized during the three months ended September 29, 2016:

None

The Company did not issue any shares of preferred stock during the three months ended September 29, 2016.

5) Financial Statements

The Company's unaudited financial statements for the three months ended August 31, 2016 were incorporated by reference and were posted to *www.OTCMarkets.com* on September 29, 2016.

Describe the Issuer's Business, Products and Services

Innovative Holdings Alliance, Inc. ("the Company") management's team with expertise in medical practice management, information technology and medical facility design.

The Company was incorporated on February 24, 2011 in the State of Delaware. The Predecessor was incorporated in February 29, 1996 in the State of Nevada.

A. *Issuer's primary and secondary SIC Codes:*

Primary SIC Code – 8000
Secondary SIC Code - None

B. *Issuer's fiscal year end:*

May 31st

C. *Principal products or services, and their markets:*

Health administrative software systems

6) Describe the Issuer's Facilities

The Company does not own any real property and has been provided office space its sole officer. Management has determined that such cost is not material and has not recognized any rent expense in the accompanying financial statements.

The Company will assess its facility's needs, and adjust in the future.

7) Officers, Directors, and Control Persons

A. *Names of Officers, Directors, and Control Persons*

M. C. Winter (deemed Control Person) more than 10%.
Christopher M. Meredith is an officer and Director of the Company, (shares to be determined).

B. *Legal/Disciplinary History*

1. *A conviction in a criminal proceeding or named as a defendant in a pending criminal proceeding (excluding traffic violations and other minor offenses);*

None

2. *The entry of an order, judgment, or decree, not subsequently reversed, suspended or vacated, by a court of competent jurisdiction that permanently or temporarily enjoined, barred, suspended or otherwise limited such person's involvement in any type of business, securities, commodities, or banking activities;*

None

3. *A finding or judgment by a court of competent jurisdiction (in a civil action), the Securities and Exchange Commission, the Commodity Futures Trading Commission, or a state securities regulator of a violation of federal or state securities or commodities law, which finding or judgment has not been reversed, suspended, or vacated, or;*

M.C. Winter: The National Futures Association ("NFA"), Central Regional Business Conduct Committee on May 24, 1994, issued a decision accepting Mr. Winter's settlement offer in which he neither admitted nor denied the certain allegations contained in a complaint. The NFA Panel barred Mr. Winter from NFA membership and from principal or associate status with any NFA member effective June 08, 1994.

4. *The entry of an order by a self-regulatory organization that permanently or temporarily barred suspended or otherwise limited such person's involvement in any type of business or securities activities.*

See #3 above

C. Beneficial Shareholders of more than 5% of the Common Stock of the Company.

Name and address	Number of shares beneficially owned	Percentage of class(1)(2)
M. C. Winter	2,000,000	11.6%
Winter/Baughn Living Trust	8,000,000	48.9%
M. C. Winter	1 Class A	100%(2)

1) 17,155,429 shares of common stock deemed outstanding as of September 29, 2016.

2) MC Winter owns the Class A Super Majority Voting Preferred, which will always vote control of the Company.

3) Aggregate of M C Winter and Winter/Baughn Living Trust is 10,000,000 shares equaling 60.5% of total common outstanding as of September 29, 2016.

8) Third Party Providers

Legal Counsel

Michael A. Littman, Attorney at Law
7609 Ralston Road
Arvada, CO 80002

Accountant or Auditor

Michael P. Moriarty, CPA
15 Court Square, Suite 740
Boston, MA 02108
mmoriartycpa@verizon.net
Tel: (617) 227-2005
Fax: (617) 227-2006

Other Advisor

None

9) Issuer Certification

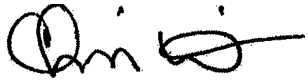
I, M. Chris Winter certify that:

1. I have reviewed this Annual Disclosure Statement of Innovative Holdings Alliance, Inc.;

2. Based on my knowledge, this disclosure statement does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this disclosure statement; and

3. Based on my knowledge, the financial statements, and other financial information included or incorporated by reference in this disclosure statement, fairly present in all material respects the financial condition, results of operations and cash flows of the issuer as of, and for, the periods presented in this disclosure statement.

September 29, 2016



President