ISSUER INFORMATION AND DISCLOSURE STATEMENT
PURSUANT TO
Rule 15c2-11

QUARTERLY REPORT

January 31, 2016

American Diversified Holdings Corporation

(A Nevada Corporation)

PO Box 2568
Del Mar, CA 92014
Telephone No. (858) 405-7168

Federal ID No.: **CUSIP No.: 02541R 300 0**

ISSUER'S EQUITY SECURITIES

Capital Stock

1,000,000,000 Shares of Common Stock authorized, par value $0.001 per share
800,994,201 common shares issued and outstanding as of January 31, 2016

1,000,000 shares of Preferred shares A authorized par value $0.001 per share
100,00 shares of Preferred shares A issued and outstanding as of January 31, 2016

1,000,000 shares of Preferred shares B authorized par value $0.001 per share
No shares of Preferred shares B issued and outstanding as of January 31, 2016

INFORMATION AND DISCLOSURE STATEMENT

All information in this Information and Disclosure Statement has been compiled to fulfill the disclosure requirements of Rule 15c2-11 promulgated under the Securities Exchange Act of 1934, as amended (the "Exchange Act"). The enumerated items and captions contained herein correspond to the format as set forth in that rule.

Forward-looking Statements

This Information and Disclosure Statement contains various "forward-looking statements" within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Exchange Act. Forward-looking statements represent the Company's expectations or beliefs concerning future events. The words "*believe,"" expect," "anticipate," "intend," "estimate," "project"* and similar expressions are intended to identify forward-looking statements. The Company cautions that these statements are further qualified by important factors that could cause actual results to differ materially from those in the forward-looking statements, including without limitations, the factors described in this Information and Disclosure Statement.

Investors are cautioned not to place undue reliance on such forward-looking statements because they speak only of the Company's views as of the statement dates. Although the Company has attempted to list the important factors that presently affect the Company's business and operating results, the Company further cautions investors that other factors may in the future prove to be important in affecting the Company's results of operations. The Company undertakes no obligation to publicly update or revise any forward-looking statements, whether as a result of new information, future events, or otherwise.

1) Name of the issuer and its predecessors (if any)

In answering this item, please also provide any names used by predecessor entities in the past five years and the dates of the name changes.

American Diversified Holdings Corporation

Formerly Lasik America, Inc. and Critical Care, Inc

2) Address of the issuer's principal executive offices

Principal Office Address:
PO Box 2568
Del Mar, CA 92014

Phone: (858) 259-4534
Email: ernest@adhcorporation.com
Website: http://www.adhcorporation.com

IR Contact

None

3) Security Information

Trading Symbol:	ADHC
Exact Title and Class of Securities Outstanding:	Common shares
CUSIP:	02541R 30 0
Par or State Value:	$0.001 par value
Total Shares Authorized:	1,000,000,000 as of January 31, 2016
Total Shares Outstanding:	800,994,201 as of January 31, 2016

Exact Title and Class of Securities Outstanding:	Preferred shares A
CUSIP:	N/A
Par or State Value:	$0.001 par value
Total Shares Authorized:	1,000,000 as of January 31, 2016
Total Shares Outstanding:	100,000 as of January 31, 2016

The Preferred Shares A convert and vote at a rate of 10,000 common shares to one preferred share.

Exact Title and Class of Securities Outstanding:	Preferred shares B
CUSIP:	N/A
Par or State Value:	$0.001 par value
Total Shares Authorized:	1,000,000 as of January 31, 2016
Total Shares Outstanding:	NIL as of January 31, 2016

The Preferred Shares B convert and vote at a rate of 10,000 common shares to one preferred share.

Transfer Agent:

Action Stock Transfer
7069 Highland Drive
Suite 300
Salt Lake City, UT 84121
Tel: (801) 274-1088
(801) 274-1099 fax
jb@actionstocktransfer.com
www.actionstocktransfer.com

Is the Transfer Agent registered under the Exchange Act?* Yes: ☒ No: ☐

*To be included in the OTC Pink Current Information tier, the transfer agent must be registered under the Exchange Act.

List any restrictions on the transfer of security:

None

Describe any trading suspension orders issued by the SEC in the past 12 months.

None

List any stock split, stock dividend, recapitalization, merger, acquisition, spin-off, or reorganization either currently anticipated or that occurred within the past 12 months:

None

4) Issuance History

List below any events, in chronological order, that resulted in changes in total shares outstanding by the issuer in the past two fiscal years and any interim period. The list shall include all offerings of equity securities, including debt convertible into equity securities, whether private or public, and all shares or any other securities or options to acquire such securities issued for services, describing (1) the securities, (2) the persons or entities to whom such securities were issued and (3) the services provided by such persons or entities. The list shall indicate:

With respect to the Items herein, a list of the issuances is as follows:

During the fiscal year 2014, the Company issued common shares as described below:

The Company issued 440,000,000 shares for services valued at $440,000.

During the fiscal year 2015, the Company issued common shares as described below:

The Company issued 5,000,000 common shares for services valued at $5,000.
The Company issued 180,000,000 common shares in settlement for services rendered.
The Company issued 175,000,000 common shares in exchange for $175,000 in debt of the Company.
The Company issued 120,000,000 common shares in in settlement for services rendered.

A. The nature of each offering (e.g., Securities Act Rule 504, intrastate, etc.);

Each issuance was the result of a conversion of debt into shares of common stock as permitted by the Loan Documents.

B. Any jurisdictions where the offering was registered or qualified;

None of the issuances were registered or qualified in any jurisdiction were covered under the Rule 144 exemption.

C. The number of shares offered;

The number of shares is indicated in each issuance listed

D. The number of shares sold;

Indicated above

E. The price at which the shares were offered, and the amount actually paid to the issuer;

Each issuance were valued at par value

F. The trading status of the shares; and

All shares issued were contained a restrictive legend

G. Whether the certificates or other documents that evidence the shares contain a legend (1) stating that the shares have not been registered under the Securities Act and (2) setting forth or referring to the restrictions on transferability and sale of the shares under the Securities Act.

All shares issued contained a restrictive legend

5) Financial Statements

Provide the financial statements described below for the most recent fiscal year end or quarter end to maintain qualification for the OTC Pink Current Information tier. For the initial disclosure statement (qualifying for Current Information for the first time) please provide reports for the two previous fiscal years and any interim periods.

A. Balance sheet;

B. Statement of income;
C. Statement of cash flows;
D. Financial notes; and
E. Audit letter, if audited (Not Applicable)

The financial statements requested pursuant to this item shall be prepared in accordance with US GAAP by persons with sufficient financial skills.

You may either (i) attach/append the financial statements to this disclosure statement or (ii) post such financial statements through the OTC Disclosure & News Service as a separate report using the appropriate report name for the applicable period end. ("Annual Report," "Quarterly Report" or "Interim Report").

If you choose to publish the financial reports separately as described in part (ii) above, you must state in the accompanying disclosure statement that such financial statements are incorporated by reference. You may reference the document(s) containing the required financial statements by indicating the document name, period end date, and the date that it was posted to otciq.com in the field below.

> The required Financial Statements are hereby incorporated by reference and were filed on OTC Markets on the same date as this Issuer Disclosure Statement, that being March 10, 2016, under the name: "Quarterly Report - Financial Statements for the Quarter Ended January 31, 2016."

Information contained in a Financial Report is considered current until the due date for the subsequent Financial Report. To remain in the OTC Pink Current Information tier, a company must post its Annual Report within 90 days from its fiscal year-end date and Quarterly Reports within 45 days of its fiscal quarter-end date.

6) Describe the Issuer's Business, Products and Services

Describe the issuer's business so a potential investor can clearly understand the company. In answering this item, please include the following:

A. American Diversified Holdings Corporation is a holding company that provides executive management, corporate governance, administrative support, financial advice and introductions to capital sources to various micro-cap public and several private companies that have proven revenues and business models. Currently, American Diversified Holdings Corporation is working with several high growth businesses which all maintain a proprietary business model or technology. It is the goal of the Company to help accelerate the business models for these companies so that they flourish. With over forty years of business experience, and many of those years in executive management positions, the

management team at American Diversified Holdings brings a depth and breadth to companies that have great ideas and businesses, but lack some of the public company knowledge, experience and relationships needed to achieve the next level. The Company makes it a goal for each entity it works with to have audited financial statements, solid cash flow and the ability to file a registration statement, should management choose to make that decision. Products and Services: The Company's provided services include: executive management, corporate governance recommendations and remediation, administrative support, including, but not limited to, accounting, secretarial and filing support. Lastly, the Company provides private and public company with introductions to potential financial and other resources. The Company has no off-balance sheet arrangements.

B. Date and State (or Jurisdiction) of Incorporation:

March 21, 2001, State of Nevada

C. the issuer's primary and secondary SIC Codes;

Primary 0742
Secondary: None

D. the issuer's fiscal year end date;

July 31

E. principal products or services, and their markets;

N/A

7) Describe the Issuer's Facilities

The Issuer does not own, lease or use any property, assets or facilities.

8) Officers, Directors, and Control Persons

The goal of this section is to provide an investor with a clear understanding of the identity of all the persons or entities that are involved in managing, controlling or advising the operations, business development and disclosure of the issuer, as well as the identity of any significant shareholders.

A. Names of Officers, Directors and Control Persons

Ernest B. Remo, Sole Director, CEO and Control Person

B. Legal/Disciplinary History

None of the foregoing person(s) mentioned in Item 8, Paragraph A have, in the last five years, been the subject of: (1) a conviction in a criminal proceeding or named as a defendant in a pending criminal proceeding (excluding a traffic violation and other minor offenses; (2) The entry of an order, judgment, or decree, not subsequently reversed, suspended or vacated, by a court of competent jurisdiction that permanently or temporarily enjoined, barred, suspended or otherwise limited such person's involvement in any type of business, securities, commodities or banking activities; (3) A finding or judgment by a court of competent jurisdiction (in a civil action), the Securities & Exchange Commission, the Commodity Futures Trading Commission, or a state securities regulator of a violation of federal or state securities or commodities law, which finding or judgment has not been reversed; (4) The entry of an order by a self-regulatory organization that permanently or temporarily barred, suspended or otherwise limited such person's involvement in any type of business or securities activities.

C. Beneficial Shareholders

Mr. Ernest Remo possesses more than 10% or more of the Issuer's outstanding common stock. Mr. Ernest Remo also controls all of the issued and outstanding Preferred A and B stock which constitutes voting control of the Company.

9) Third Party Providers

Please provide the name, address, telephone number, and email address of each of the following outside providers that advise your company on matters relating to operations, business development and disclosure:

1. *Legal Counsel;*

Morgan E. Petitti, Esq.
114 Barrington Town Square, Suite 159
Aurora, Ohio 44202
Telephone: 330.697.8548
Fax: 330.748.4689
E-Mail: PetittiLaw@gmail.com

2. *Accountant or Auditor;*

Mallett and Barnes Tax Service
6136 Mission Gorge Road
Suite 125
San Diego, CA 92120

3. *Investor Relations Consultant(s)*

None.

4. *Other Advisor (*Any other advisor(s) that assisted, advised, prepared or provided information with respect to this disclosure statement)

None

10) Issuer Certification

I, Ernest B. Remo, Sole Director and Chief Executive Officer, certify that:

1. I have reviewed this Quarterly Report as of January 31, 2016, of American Diversified Holdings Corporation, a Nevada corporation;

2. Based on my knowledge, this disclosure statement does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this disclosure statement; and

3. Based on my knowledge, the financial statements, and other financial information included or incorporated by reference in this disclosure statement, fairly present in all material respects the financial condition, results of operations and cash flows of the issuer as of, and for, the periods presented in this disclosure statement.

March 10, 2016

/s/ Ernest B. Remo
Ernest B. Remo, Sole Director and Chief Executive Officer