

TR-1: NOTIFICATION OF MAJOR INTEREST IN SHARES

1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attached:		J SAINSBURY PLC			
2 Reason for the notification (please tick the appropriate box or boxes):					
An acquisition or disposal of voting rights					X
An acquisition or disposal of qualifying financial instruments which may result in the acquisition of shares already issued to which voting rights are attached					
An acquisition or disposal of instruments with similar economic effect to qualifying financial instruments					
An event changing the breakdown of voting rights					
Other (please specify):					
3. Full name of person(s) subject to the notification obligation:		LORD SAINSBURY OF TURVILLE			
4. Full name of shareholder(s) (if different from 3.):					
5. Date of the transaction and date on which the threshold is crossed or reached:		21 DECEMBER 2015			
6. Date on which issuer notified:		22 DECEMBER 2015			
7. Threshold(s) that is/are crossed or reached:		3%			

8. Notified details:

A: Voting rights attached to shares

Class/type of shares if possible using the ISIN CODE	Situation previous to the triggering transaction		Resulting situation after the triggering transaction				
	Number of Shares	Number of Voting Rights	Number of shares	Number of voting rights		% of voting rights	
			Direct	Direct	Indirect	Direct	Indirect

GB00B019KW72	61,095,438	61,095,438	BELOW 3%	BELOW 3%		BELOW 3%	
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B: Qualifying Financial Instruments

Resulting situation after the triggering transaction

Type of financial instrument	Expiration date	Exercise/ Conversion Period	Number of voting rights that may be acquired if the instrument is exercised/ converted.	% of voting rights

C: Financial Instruments with similar economic effect to Qualifying Financial Instruments

xv, xvi

Resulting situation after the triggering transaction

Type of financial instrument	Exercise price	Expiration date	Exercise/ Conversion period	Number of voting rights instrument refers to	% of voting rights	
					Nominal	Delta

Total (A+B+C)

Number of voting rights	Percentage of voting rights
BELOW 3%	BELOW 3%

9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable:

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Proxy Voting:	
10. Name of the proxy holder:	N/A
11. Number of voting rights proxy holder will cease to hold:	N/A
12. Date on which proxy holder will cease to hold voting rights:	N/A

13. Additional information:	The threshold of 3% has been crossed solely as a result of a gift of shares by Lord Sainsbury to his charity.
14. Contact name:	JUDITH PORTRAIT/ALISON BURTON
15. Contact telephone number:	020 7092 6990